



kids on the move
empowering families, one kid at a time



2019 Annual Report



Our Team

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Kids On The Move

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Our Vision

Preparing for the Future!

Kids On The Move (KOTM) was started by two visionary mothers of children with Down syndrome. When KOTM received its first grant for delivering services to families and children, Utah County was still mostly orchards and open land.

Much has changed in our beautiful valley in the past 30 years. If you go to www.utahvalleyvisioning.org, you'll learn how our 625,000 residents will soon turn into 1,625,000 residents! That's right - we will soon be adding one million people to our lovely valley, which makes Utah County the fastest growing county in the state of Utah!

Early Intervention services at KOTM struggle mightily to keep up with an annual client load increase of 16.8% per year. Pregnant mothers and children living in poverty far outstrip the funding resources that KOTM's Early Head Start receives to serve that population. The need for KOTM's Respite Care grows every day under the weight of parents who care for children with special needs 24/7. Our Autism Center had a very successful year with a 37% increase of clients served and new clinics in Moab and St. George. KOTM's newest program, Child & Family Mental Health, also had a tremendous impact as the prevalence of mental health concerns continue to grow.

Kids On The Move is making plans for future growth to help address both today's and tomorrow's challenges.

We know that our past success in reaching more families with greater resources has been a direct result of the extraordinary generosity of friends in this valley! We depend on collaborative partnerships among like-minded non-profits and socially conscious for-profits who donate time, resources, talents, and amazing skills to ensure that families are a little better today than they were yesterday.

If you are not yet part of the solution shaping the future of Utah Valley, we invite you to contact Kids On The Move at 801.221.9930 or kotm.org.

Kindest regards,

Scott M. Bean
CEO

COVID-19: This pandemic began in 2019, and made its way to the United States in 2020. The tumultuous burden of coronavirus has greatly impacted our organization. Now, more than ever, we need all your support.



Board of Directors

Dave McGinn

Ed Donakey

Christy Anderson

Ernie Bailey

Julie Haupt

Kai Khasbaatar

Jonathan Krein

Michael Frandsen

Richard Rife

Robert Parsons

Tai Riser

Kim Santiago

Our Mission

In 2019 Kids On The Move provided innovative high quality, direct services to 2,888 children challenged by developmental delays, autism, many other disabilities, and poverty.

Special Education Best of State winner, Kids On The Move, exists to support the development of young children and families in our community. Our major service programs include: Early Intervention, Respite Care, Autism Center, Mental Health, Child Care and Early Head Start. In addition, Kids On The Move contributes time and resources to create and sustain community-wide networks of support.

Program Overview



AUTISM CENTER

The KOTM Autism Center is a leading provider for children from infancy through adolescence living with autism spectrum disorder. We offer Applied Behavior Analysis (ABA) Therapy services in our clinic, in client homes, or a combination of both. We also provide ABA Therapy via telehealth throughout the entire state of Utah.



RESPIRE CARE

Through Respite Care, we provide parents of children with special needs the short periods of rest they need to relieve stress, renew energy, and restore balance. Respite Care offers a safe, supervised, fun environment for the children with one-on-one supervision. Eligible families have one or more children with special needs who are not receiving consistent respite services through another source such as able, reliable family members or government assistance.



MENTAL HEALTH

In our Mental Health program, parents, children, families, and individuals address a wide range of important mental health issues with our licensed clinicians. Our services include psychological testing and individual, couples, family, teen, and child counseling services. We address issues important to families including depression, anxiety, ADHD, parenting, disabilities, coping with a medical diagnosis, grief, trauma, family and relationship challenges, life transitions, and more.



EARLY INTERVENTION

In Early Intervention, we know there are many wonderful and exciting opportunities for learning and growth during the first few years of life. We provide a free evaluation of a child's development. We serve children who have delays in the following areas: communication and language, physical development, vision and hearing, feeding, social and emotional development, learning, problem solving, play skills, and more.



EARLY HEAD START

Early Head Start is designed to enhance children's physical, social, emotional, and intellectual development by supporting parents in their critical parental role. The program aims to help children develop a lifelong love of learning. Early Head Start services include educational, social, medical, dental, nutritional, and mental health, along with parent involvement activities for families. The cost of involvement in the program is completely free.



CHILD CARE

Our Child Care program has been in operation for 25+ years. It is a fully-licensed program with three separate classrooms, segregated by age and development. Our caring teachers provide support and instruction for children from six weeks to first grade. KOTM Child Care staff strive to carry out their responsibilities in a manner that builds every child's well-being each and every day.

Autism Center



Overview

Our Autism Center supports children throughout the state of Utah. Autism, or autism spectrum disorder (ASD), refers to a broad range of conditions characterized by challenges with social skills, repetitive behaviors, speech, and nonverbal communication. With over 200 clinical hours conducted per day in the Autism Center, our goal is to give parents and children the best quality services.

Board Certified Behavior Analysts (BCBAs) are master's level clinicians and oversee all of the therapy conducted in the Autism Center. Each child in the Autism Center is assigned a BCBA who performs assessments, selects treatment goals, writes treatment plans, and trains Registered Behavior Technicians (RBTs) on how to work with children with autism. The BCBA visits regularly to observe treatment, analyze data, update therapy programs, and provide parent training.

By the end of 2019, the Autism Center employed 13 BCBAs, 8 Behavior Analysts in Training, and 54 RBTs. The Autism Center served 123 clients in 2019, experiencing a 37% growth from the previous year. In 2019, the KOTM Autism Center opened its third Utah clinic location in St. George.

Daniel's Story

Our client Daniel is a prime example of the joy of measuring a child's success incrementally. He's a boy that doesn't speak, wears a diaper, and has perpetually tangled hair. Last year, Daniel was struggling to function in any meaningful way. His most common form of communication was tantrum behavior that included laying on the floor and banging his head. He couldn't express his wants or needs to anyone, including his adoring family.

Through his work focusing on communication at Kids On The Move, Daniel has learned an extensive repertoire for expressing himself. He knows how to exchange objects and pictures to request things that he may want or need. This success has markedly changed his behavior at home and in the clinic, and everyone has noticed a drastic increase in the amount of time he spends smiling instead of crying.

In learning to work with Daniel's strengths through intensive training and dedication, everyone around him has seen him learn and grow in extraordinarily meaningful ways.





Respite Care

Overview

At Kids On The Move Respite Care, we are currently serving 94 children at four locations in Utah - Orem, Lehi, Springville, and St. George. We understand that receiving a break from care giving is vital to a person's overall health. Our families of children with special needs receive a 3.5-hour break once a month on a Friday or Saturday night to relieve stress, renew energy, and restore balance. Our staff is familiar with each child's needs, and they love caring for the children.

Along with the staff, our volunteers are crucial to our program. They genuinely want to help and love being with the children. Many of our volunteers have siblings with special needs.

In 2019, total of 1,239 volunteers provided 4,339.5 hours of service to our children with special needs and their families.

Our program is funded completely by private donations from amazing individuals, corporations, and foundations. We are so grateful to the monetary donors who make the Respite Care program possible. You are extraordinary people!

Maguell's Story

Respite Care has given us such an opportunity to have time to focus on each other and to focus on each of our other children. Plus, it has been so fun to see our three-year-old Maguell, who has Trisomy 21 and hearing loss, thrive in a way we didn't expect. He is blossoming in ways we didn't think would happen.

Recently, Maguell melted my heart when we picked him up from respite and he wouldn't leave until he gave every volunteer high fives and knuckles multiple times. And though our little man isn't verbal quite yet, he giggled and laughed the entire way home. My momma heart was so full.

We feel very comfortable leaving Maguell at Kids On The Move's Respite Care. We don't worry if he's going to be too hard for the staff or the volunteers. He is in such good hands, and it's a blessing and comfort to know that. The volunteers admire him so much, and we appreciate that!

Respite has helped us feel less stressed and has given us a chance to recharge. We love Maguell. He is pure joy. We are so thankful that everyone at Respite Care feels the same way about Maguell.

Mental Health



Overview

Kids On The Move's newest program, Child and Family Mental Health, offers an array of mental health services to support parents, children, families and individuals.

At Kids On The Move we are passionate about helping families. We provide a wide range of mental health services including psychological testing, individual, couples, family, teen, and child counseling therapy services. We address issues important to families including depression, anxiety, ADHD, parenting, disabilities, coping with a medical diagnosis, grief, trauma, family and relationship challenges, life transitions, and more.

Our clinicians focus on fostering resilience, strengthening coping skills, and deepening relationships to help individuals and families reach their full potential. We recognize the importance of supporting each person's own strengths to add to his/her well-being and growth.

In 2019, 33 individuals were served in Kids On The Move's Mental Health program. Additionally, the KOTM Mental Health program gained one new hire and two MSW interns in the year 2019.

Harrison's Story

Harrison is a six year old boy who has been cautious and worried more than his peers for most of his life. He entered kindergarten this year and is doing well academically. His parents were happy to know he is doing well in learning, but were shocked to learn Harrison rarely plays with others at recess, has not read aloud at any time in the year, and avoids speaking with teachers and peers as much as possible.

Harrison began frequently asking to stay home from school with stomach aches or sometimes and is regularly tired in the morning because he frequently has difficulty sleeping. His parents pediatrician referred the family to a mental health professional. This is when Harrison first arrived at Kids On The Move.

In therapy, Harrison has worked to learn coping skills and strengthen social skills, as well as build self-acceptance and anxiety reducing strategies. Harrison still experiences anxiety and difficulty in social settings, but is attending school more often and with fewer problems. He is making friends and speaking more.





Early Intervention

Overview

Since 85% of brain development occurs before the age of three, it is critical to intervene early when problems are detected.

Early Intervention (EI) at Kids On The Move, funded by the state of Utah's Baby Watch Early Intervention Program, provides support and services to families with infants and toddlers residing within the Alpine School District. These children have developmental delays or disabilities such as Cerebral Palsy, Spina Bifida, Down syndrome and autism spectrum disorder.

During the last fiscal year, Kids On The Move Early Intervention had 122 new referrals on average each month. We served 2,353 children with the Kids On The Move Early Intervention program in 2019.

The Foscari Family

Our family has greatly benefited from the Kids On The Move program. Both of my boys entered the program around two years old. They both received amazing support and care in many early interventions they desperately needed. We worked with amazing people that loved and supported our boys and our family unit. I know that the people that worked with us genuinely loved and cared for my children's needs. It was amazing to be able to have the support we needed and have it in our own home!

We received support and guidance during the diagnosis process. We were led to helpful communities even when our boys aged out of Kids On The Move. I don't know where we would be today without the early help that has made such amazing differences in my children's lives. They are both thriving and happy kids.

I know as my daughter is now preparing to receive early intervention through Kids On The Move, she is in good hands. We feel blessed to have had the opportunities Kids On The Move has provided.

Early Head Start

Overview

Our Early Head Start (EHS) program is designed to enhance educational growth for children birth to three and prenatal mothers. We focus on Early Learning Outcomes such as language and literacy, gross and fine movement, and cognitive development. Through these efforts, we have strengthened our work with community partnerships to provide comprehensive services for the whole family.

EHS accomplished many new projects over the 2019 year. We have expanded to a 5th Center-Based Classroom opened January, 2020. Additionally, EHS has opened a new food pantry in cooperation with the Utah Food Bank. EHS was also able to hire a French/Japanese Interpreter to support the expanding language needs within our growing organization. Our translator supports all multilingual families during home visits, Playschool, FACT events, Policy Council, and overall program operations.

In 2019, EHS provided services for 285 families. EHS currently maintains a strong waiting list, with demand for services increasing monthly.

Bryan's Story

Our son Bryan was diagnosed with cancer, a very rare form, when he was a boy. He received medical care immediately. The medical care was excellent. Everyone taking care of Bryan was excellent. Brian was in a lot of pain and spent a lot of time in the hospital. They were long and difficult days.

After Bryan enrolled in the Kids On The Move program, his life improved. Bryan has more confidence in people. Working with other children in class helps him be more social. He learned to care for and respect others. He learned to play. He learned to share and demonstrate love for the teachers and his classmates. The teachers are marvelous. They care for Bryan with much love. I am very grateful for Kids On The Move because it made a positive impact on Bryan's childhood. This program is marvelous and the people are very well cared for. All of Kids On The Move's employees are marvelous.



Child Care



Overview

Kids On The Move Child Care has been in operation for 25+ years. We currently serve 54 children; infants 2 months to 18 months, toddlers 18 months to 36 months and preschool ages 3 to 6 years divided into 3 classes.

Our philosophy is to love, respect and guide these little ones to be good problem solvers, kind to others, and feel joy in the learning process. Through exploration and self discovery, our children learn to celebrate mistakes knowing they are just another way to learn.

The staff are carefully chosen to meet the professional standards expected in addition to completing ongoing education and training. KOTM Child Care staff take this responsibility very seriously, realizing that what we do and say to these children influences their lives for years to come.

We strive to carry out our responsibilities in a manner that builds every child's well-being each and every day.

Thank you for your support and the gift of this extraordinary opportunity to serve families and children in such a meaningful way.

The Cuevas Family

Kids On The Move has helped me and my twins in so many ways and I'll forever be grateful for them. Ever since they were one years old we had KOTM therapist Gabby come over to help them with their speech and she also helped me with my parenting skills.

Since Gabby and the other KOTM ladies that came by were so nice and loving towards my twins I decided to enroll them in Kids On The Move's Child Care program and it has been such a great place for them!

All the teachers at the daycare really care about every child there and it's so comforting to know that my kids are always in good hands when I'm not around.

I truly believe that ever since the twins started seeing Gabby and going to daycare they have drastically improved on their speaking and people skills.

Volunteers

Community Support

Kids On The Move receives a tremendous amount of help from our generous volunteers. College students, youth groups, families, and more all contribute to making Kids On The Move an incredible organization.

The support from our volunteers comes in various forms. Volunteer projects in 2019 included:

- Providing respite services.
- Assisting race coordinators at the Heber Half Run For Autism
- Providing free child care for parent seminars.
- Cleaning and maintenance of KOTM grounds and building/equipment.
- Helping with office work.
- Preliminary landscaping in the Outdoor Classroom and demolishing the old toy shed.
- Assisting teachers with children in classrooms.
- One-on-one social skills mentoring with children in child care.
- Making toys, blankets, and infant hats.

2019 Volunteer Report

KOTM is fortunate to see most of our volunteers return time after time. In 2019, 3,950 volunteers served at least one time.

Total hours of service completed by KOTM volunteers was over 17,000 in 2019. The value of a volunteer in Utah is \$24.99, meaning volunteers saved KOTM \$425,525.33 in 2019.

Thank you to our extraordinary volunteers! To see current volunteer opportunities, please visit our website: www.kotm.org/volunteers

“Volunteering at Kids On The Move has been a highlight of my college experience, thank you for making it possible!”
- Jared Hiatt



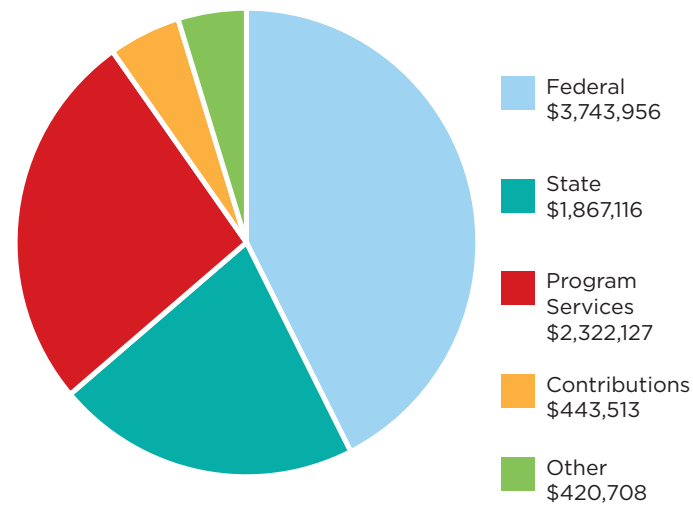
Finances

Donors

Our generous donors help support thousands of children and families throughout Utah. Monetary gifts ensure Kids On The Move will continue making a difference in the lives of individuals in need. The donations contributed to KOTM aid families so they are a little better today than they were yesterday.

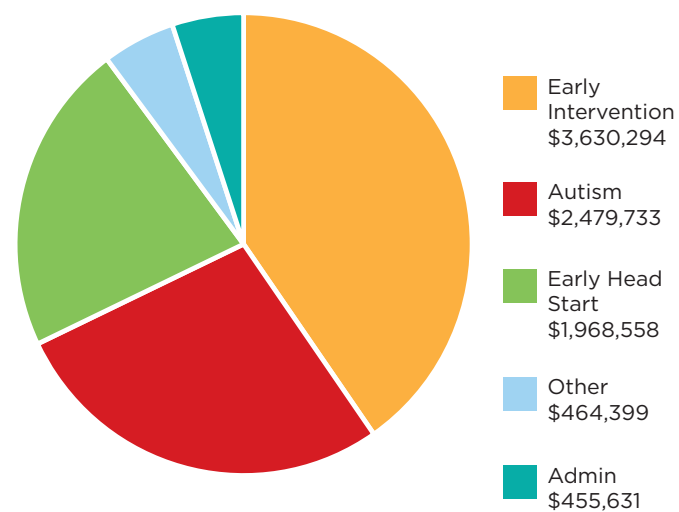
FY Revenue

Total \$8,797,420

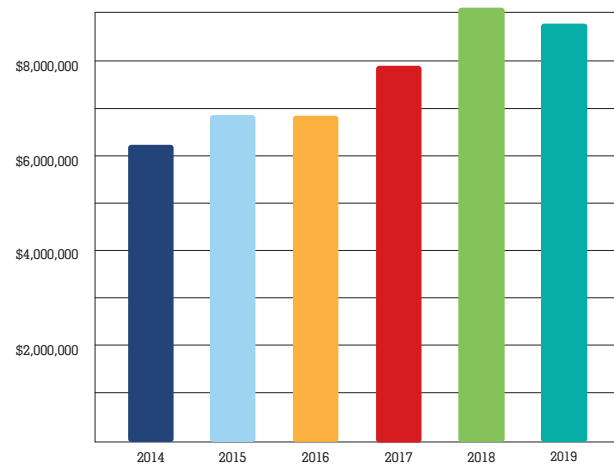


FY Expenses

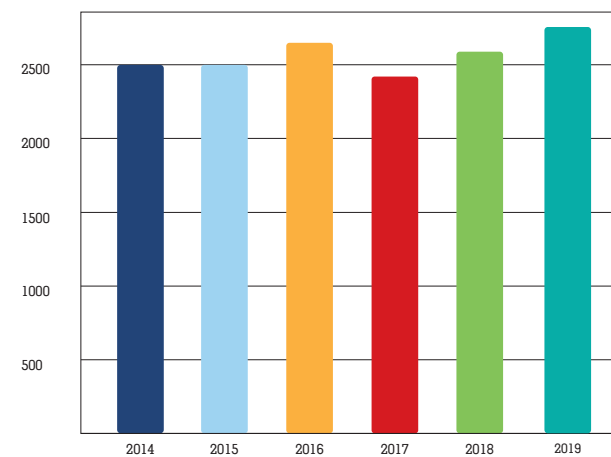
Total \$8,998,615



Revenue Trends



Enrollment Trends



Finances are audited annually and the reports are available online at KOTM.ORG. Our audit found no findings for 2019.

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| <ul style="list-style-type: none"> 100 Who Cares Adobe Alfa Martinez Amazon Smile Ame Patton America First Credit Union Anonymous Ashton Family Foundation AT&T Autism Council of Utah Boy Scouts of America Eagle Scouts Benevity Community Impact Fund Boostability Boston Foundation Brigham Young University Bullfrogs Spas Carley Clement Carrabba's Italian Grill Chick-fil-A Christiansen Dental Costco Cross Charitable Foundation Crus Investments Crystal Eldridge Dale H. Ballard Jr. Family Foundation Day's Market Disneyland Parks & Resorts Dixie State University Dominion Energy Dr. Ernie Bailey & Lana Bailey Drew & Joanna Johnson Eckles Paving Edward Lifesciences Foundation Eldred Sunset Manor Foundation FaceBook FACT Reading Chart Fidelity Charitable First Books Flamm Family Foundation | <ul style="list-style-type: none"> Forever Young Foundation Frandsen Morrill Advisors Gladis Ramos George S. & Dolores Dore' Eccles Foundation Grainger Foundation Grifols Heber Valley Police Department Heber Valley Tourism Henry W. & Leslie M. Eskuche Charitable Foundation Herbert I. & Elsa B. Michael Foundation Holiday Inn Express & Suites Intermountain Healthcare Jackson Howard Foundation James B. Loveland Memorial Foundation Jamie Wride JEPS Foundation Joseph & Kathleen Sorenson Legacy Foundation JustServe.org Kahlert Foundation Katryn Burton Kristin Murdock Larry H. Miller Charities Log Me In Loveland Living Planet Aquarium M. Bastian Family Foundation Matthew & Aimee Newton National Ability Center Network For Good Nu Skin International OC Tanner Orem City Orem Golden Kiwanis Club Orem Jr. Guidance Center Orem Rotary Foundation Phil Rosenthal Rachelle Johnson | <ul style="list-style-type: none"> Randy & Nancy Evanson Ray & Tye Noorda Foundation Richard & Colleen Rife Rocky Mountain Power Rocky Mountain University Roseman University of Health Sciences Runtastic Events Salt Lake Community College Scott & Tracie Peterson Sebo Marketing Select Health Smith's Food & Drug Sorenson Legacy Foundation Tabitha's Way Target The Church of Jesus Christ of Latter-day Saints The Happy Factory The Magic of Zane Gray Thomas & Diane McNeill Timberidge Custom Homes Truist United Health Group United Way of Utah US Synthetic Utah Community Credit Union Utah Jazz Utah Valley University Val A. Green & Edith D. Green Foundation Visa Vivint Gives Back Foundation VLCM Walmart Wayfair Wayne Mitchell Wheeler Foundation Yash & Payal Hotel Group Zane Grey Zions Bank |
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Heber Half

The Heber Half Run For Autism

The second annual Heber Half occurred the summer of 2019, with an incredible turnout of over 1,900 runners. In 2018, Kids On The Move partnered with Runtastic Events to create the Heber Half Run For Autism.

This half marathon, 5k, and All Abilities ½ mile run was created to raise awareness and acceptance for those with autism. Proceeds from the race will augment Autism Center funding and provide much-needed scholarships and other critical family services.

The course itself is beautiful, with the half marathon starting line nestled back in a stunning forested canyon glen that gently slopes downhill, going past forest land, lakes, and amazing city views. Temperatures are perfect. As you enter the outskirts of Heber City itself, the friendly townsfolk are out along the roadside cheering you on! Old Mill Elementary School made for a beautiful finish line.

The 5k and All Abilities ½ mile run draw an enthusiastic mix of young and young in heart, with everyone focused on the goal of raising awareness of autism and its impact on children and families.

We express heartfelt gratitude for the many agencies and support organizations from the local Heber Valley community who graciously work with Kids On The Move and Runtastic to bring this event to life.

Food trucks, vendors, massages, a blue foam machine and lots of other fun attractions at the finish line make it a fun-filled atmosphere for families to enjoy!

This is truly an inspiring and wonderful cause that everyone involved feels very passionate about.

LEARN MORE:
www.heberhalf.com





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