



United Way of Utah County

United Way of Utah County
GIVE. ADVOCATE. VOLUNTEER



2018 UTAH COUNTY COMMUNITY ASSESSMENT

Executive Summary



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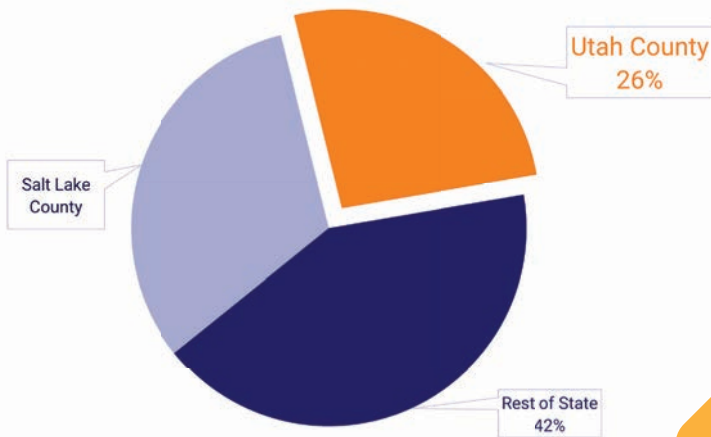


1 | OVERVIEW

OVERVIEW

UTAH POPULATION GROWTH

Utah's Population Growth, 2010-2016



Components of Utah County's Population Growth

- 78,881 Births
- (14,338) Deaths
- 5,409 International net migration
- + 13,058 Domestic net migration

83,010 population growth since 2010

Current and Projected Population



Population data for 2010, 2016: U.S. Census Bureau, ACS 1-year estimates
Population projections: Utah Governor's Office of Management and Budget/Kem C. Gardner Policy Institute, July 2017

Refer to pages 36 through 87 of the Utah County Community Assessment 2018 for more information on population characteristics.

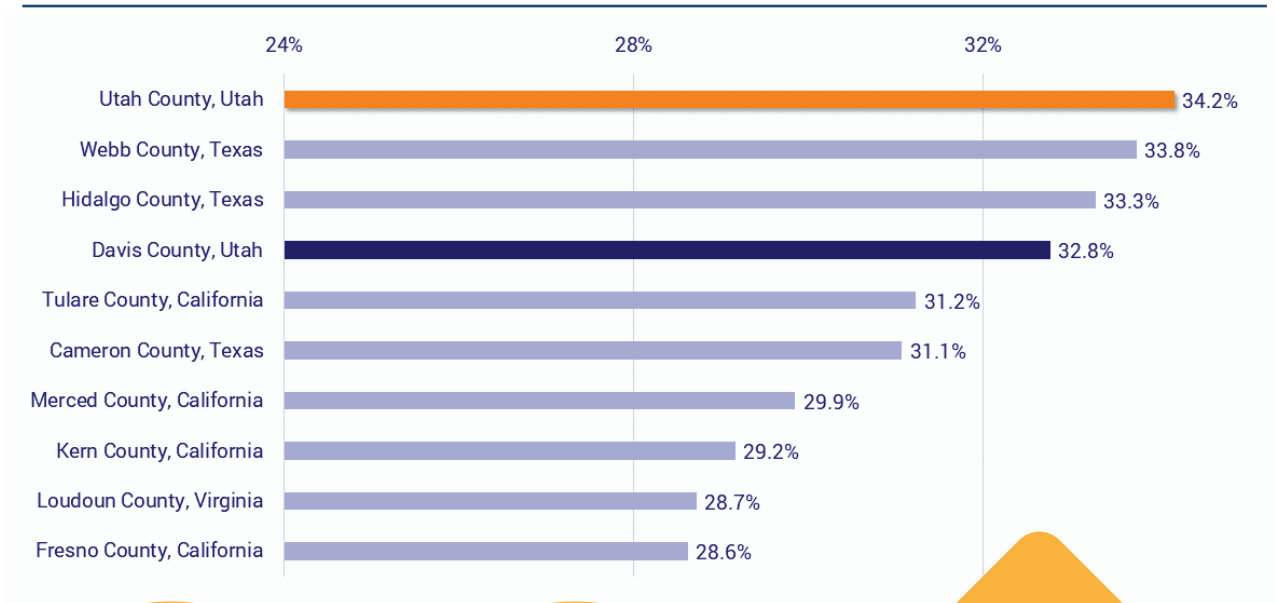
+13.9%
Utah population growth since 2010
2010: 520,049
2016: 592,299

+83,010
More residents since 2010
Births: 78,881
In-migration: 18,461

UTAH DEMOGRAPHICS

Utah County is the Youngest County in the Nation

10 Youngest Counties in the U.S.
 % population under age 18
 Counties with minimum 250,000 population



34.2%
 Utah County's population
 younger than 18

9.7%
 Utah County's population
 under age 5

26.8%
 Projected increase in
 school-age population
 by 2030

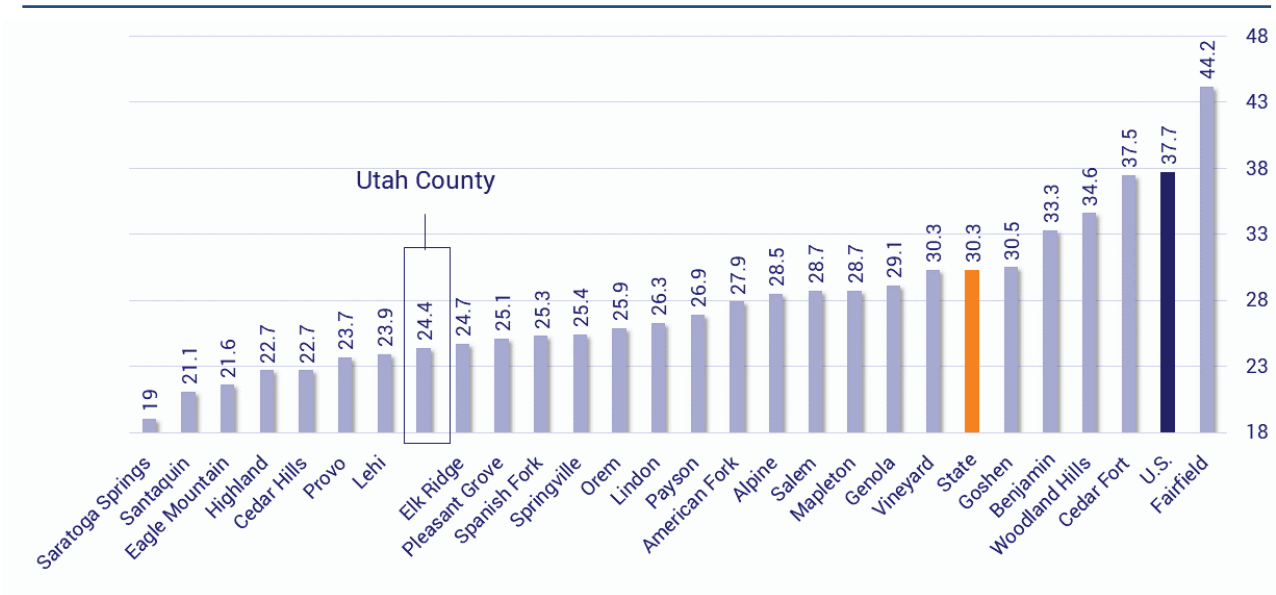
“The youngest members of our community today will be building and leading our community tomorrow. We must do all we can to provide them with exceptional early childhood education now and assure their good health.”
 Sonia Pineda, CEO, Mountainland Head Start, Inc.

UTAH MEDIAN AGE

A Look at Various Communities (youngest to oldest)

Median Age

Utah County Communities vs. State vs. U.S.



19.5%

Utah County's population younger than 10

7.4%

Utah County's population age 65 or older

13.3 years

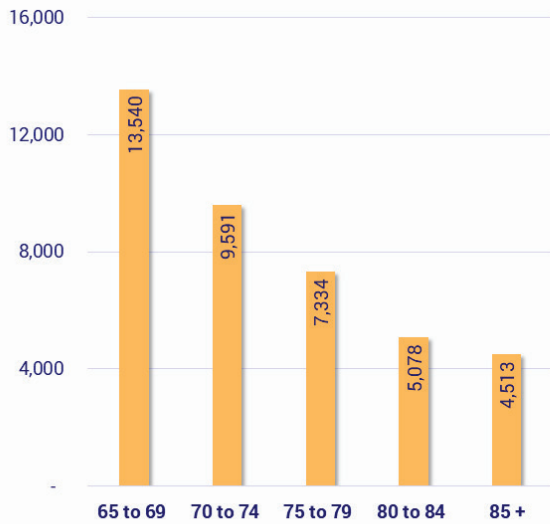
Younger median age in Utah County

Utah County: 24.4
U.S.: 37.7

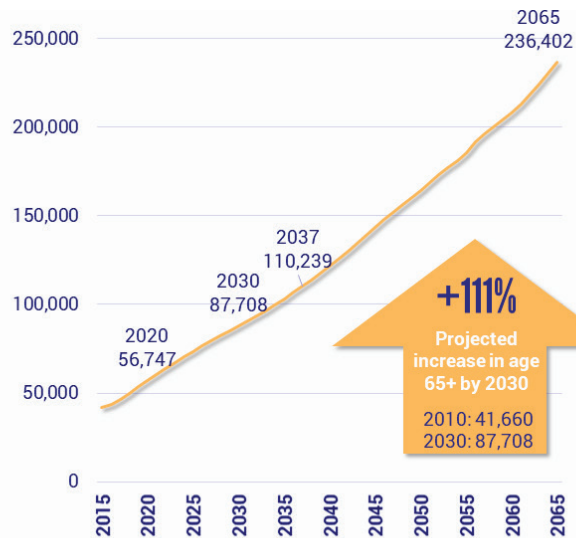
Refer to pages 36 through 43 of the Utah County Community Assessment 2018 for more information on age in Utah County.

UTAH RETIREMENT AGE POPULATION

Population Age 65 and Older
2016



Projected Retirement-Age Population Growth
Age 65 and older



40,057
Residents age 65
or older

+26%
Increase in grandchildren
being raised by
grandparents
2010: 2,651
2015: 3,342

“Many of the aging members of our community are able to meet their needs, some rely on family, neighbors and other community assistance, while some older adults are isolated and are struggling to meet their daily needs.”

Heidi DeMarco, Executive Director, Mountainland Department of Aging and Family Service

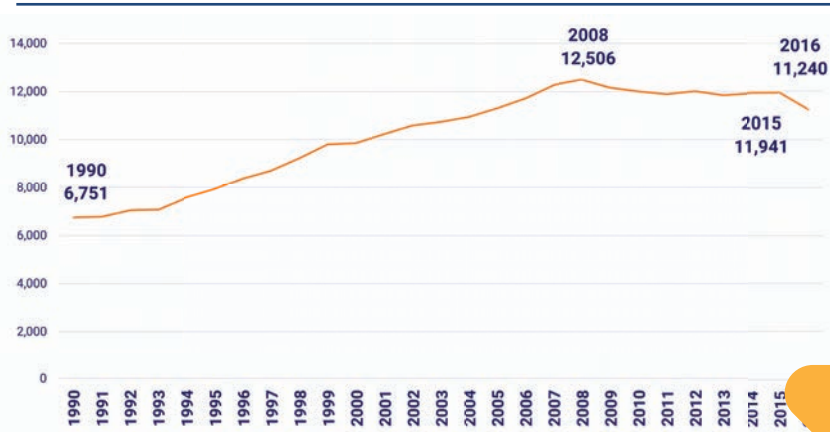
Refer to pages 32 through 71 of the Utah County Community Assessment 2018 for information on older residents of Utah County.

UTAH FERTILITY RATE

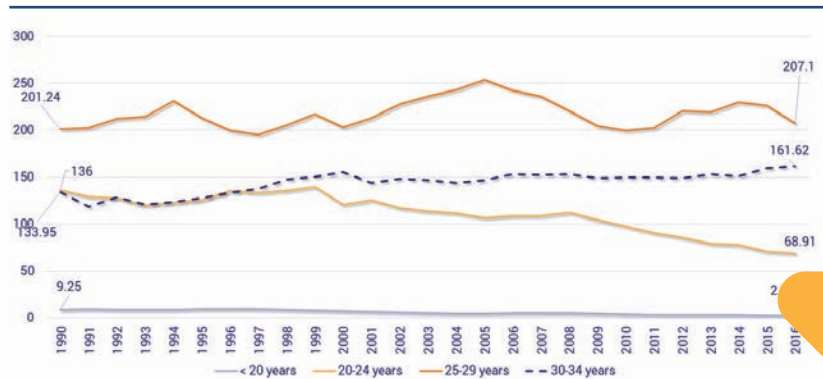
Women are Waiting Longer to Have Children

Fertility rate of 20- to 24-year-olds has decreased from 136 per 1,000 women to 68.91 per 1,000 women since 1990

Number Live Births



General Fertility Rate Births per 1,000 women age 15-44



Refer to pages 89 through 92 of the Utah County Community Assessment 2018 for information on births in Utah County.

-10.1%
Decrease in number of births since 2008

2008: 12,506
2016: 11,240

-14.1%
Decrease in fertility rate since 1990

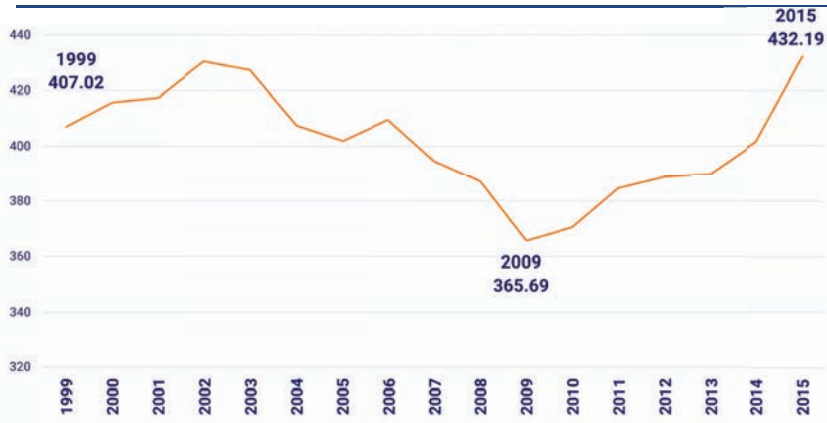
1990: 101.07
2015: 86.86

-67.09
Decrease in birth rate for mothers age 20-24

1990: 136
2015: 68.91

UTAH MORTALITY RATE

Death Rate per 100,000 population



+6.2%

Increase in death rate since 1999

1999: 407.02
2015: 432.19

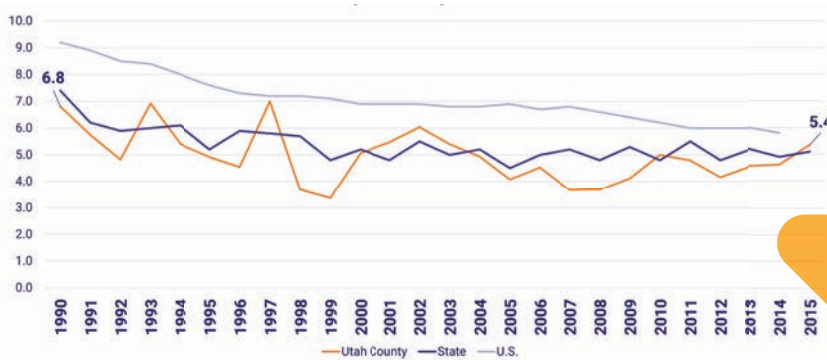
+0.96

Years increase in age of death due to heart disease

1999: 78.38
2015: 79.32

Infant Mortality Rate

Deaths at under 1 year of age per 1,000 live births



-21.3%

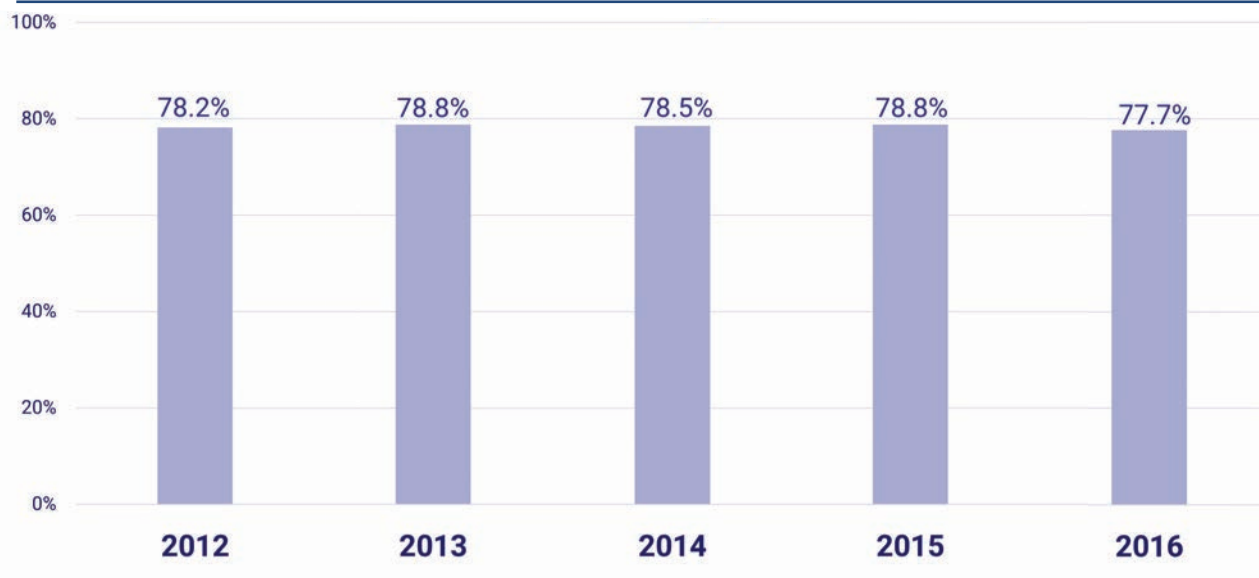
Decrease in infant mortality rate

1990: 6.8
2015: 5.4

Refer to pages 93 through 103 of the Utah County Community Assessment 2018 for information on death in Utah County.

UTAH GEOGRAPHIC MOBILITY

Geographic Mobility Same house 1 year



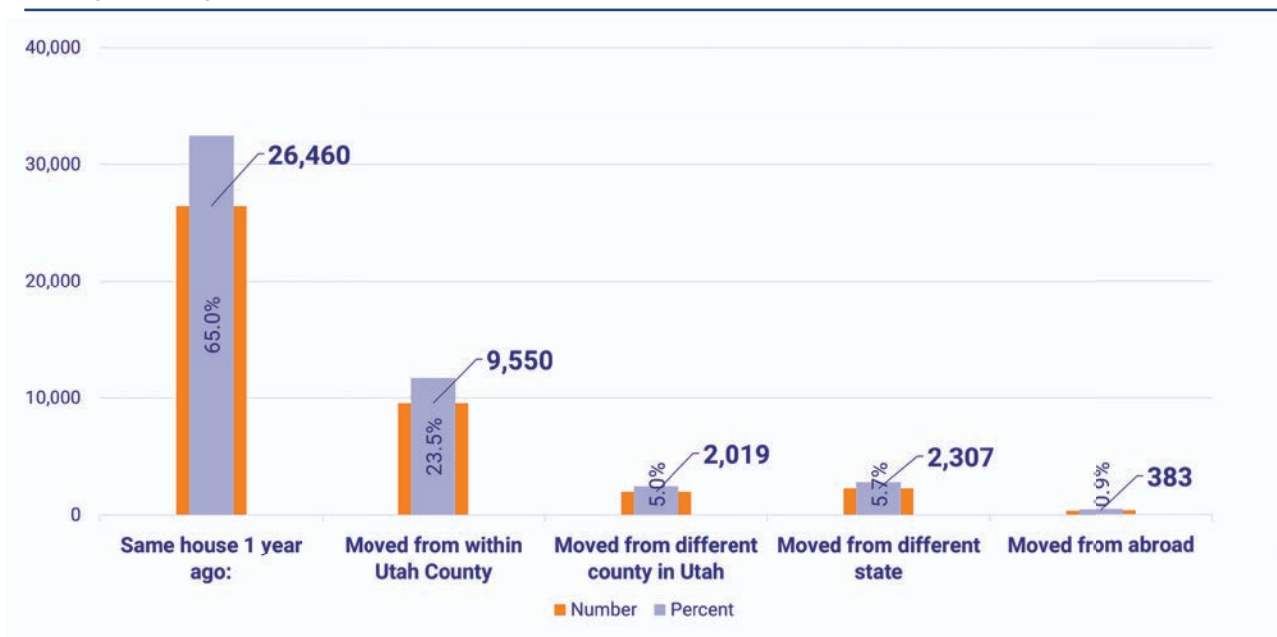
8 of 10
Residents lived in the same
house one year ago

UTAH GEOGRAPHIC MOBILITY

2 of 3 Young Professionals Live in the Same House They Did 1 Year Ago

Renters are more stable and less likely to move than they once were

Mobility of 25-29 year olds



KEY FACTS

- Nearly 33 percent of all persons not in the same house one year ago moved from within the same city
- 61 percent of persons who lived in another state one year ago came from the Western U.S.
- 17 percent of 20- to 24-year-olds moved from within Utah County

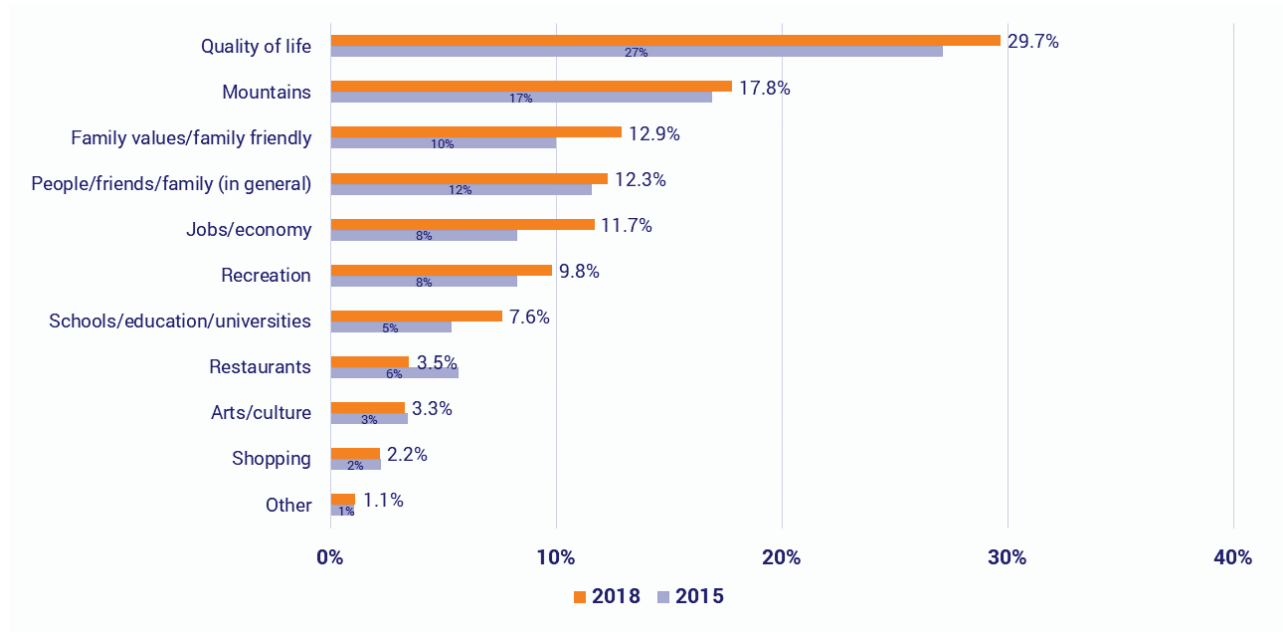
Refer to pages 84 through 87 of the Utah County Community Assessment 2018 for information on mobility in Utah County.

UTAH COUNTY RESIDENT SATISFACTION

Quality of Life Continues as Best Thing About Utah County

Renters are more stable and less likely to move than they once were

“What would you say are the best things about living in Utah County?”

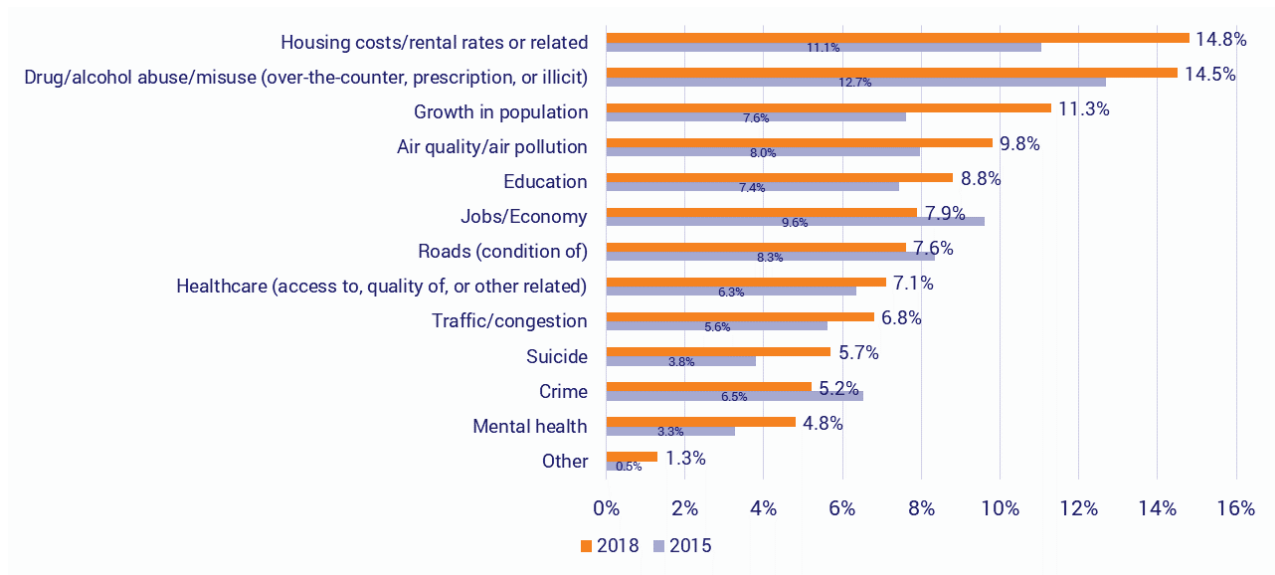


UTAH COUNTY RESIDENT NEEDS

Housing Costs Take Top Spot as Most Pressing Issue

Drug and alcohol abuse and misuse only slightly lower

“What would you say are the most pressing issues or problems facing residents of Utah County?”

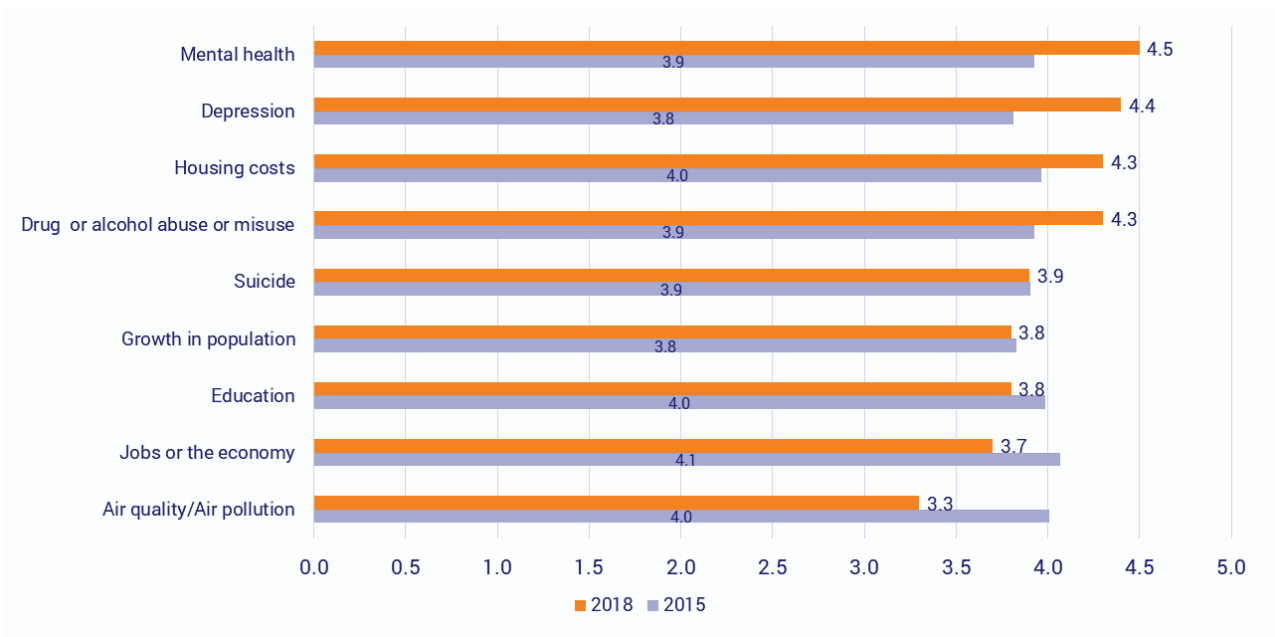


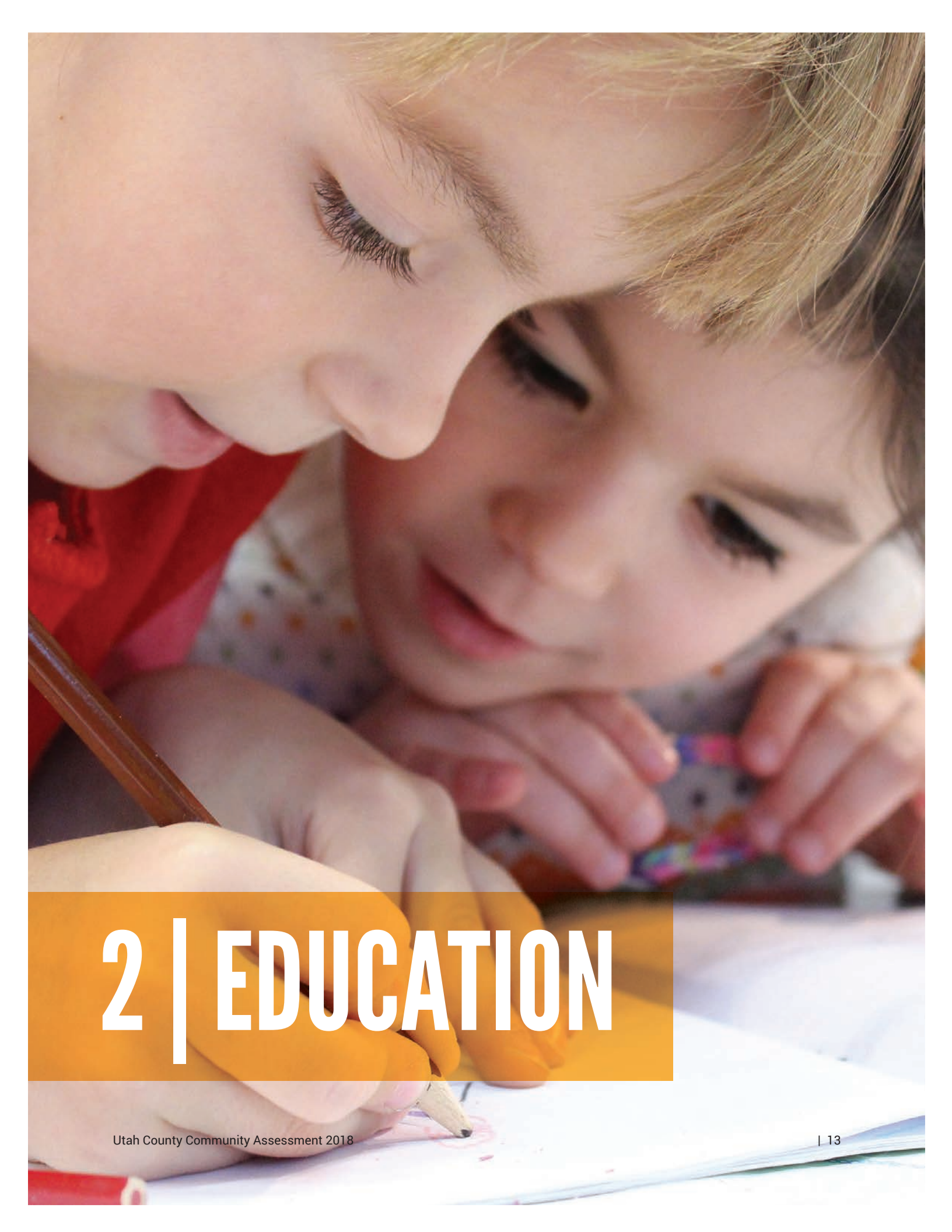
UTAH COUNTY RESIDENT ISSUES

Mental and Emotional Health Outrank Education, Jobs, Economy

Mental and emotional health issues take 4 of top 5 rankings

“How significant of an issue is . . .”





2 | EDUCATION

EDUCATION

UTAH EDUCATIONAL ATTAINMENT

Utah County is the 7th Most Educated County in the Nation

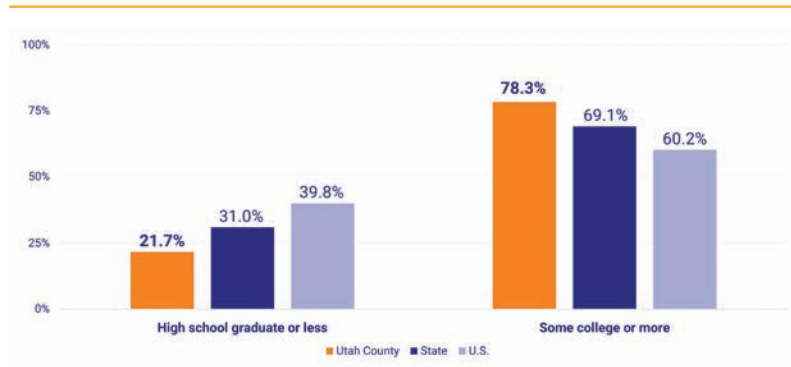
Most educated county is only about 3% ahead of Utah County

Highest Ratio of Adults with College Education

Johnson County, Kansas	81.5%
Loudoun County, Virginia	80.4%
Fairfax County, Virginia	79.8%
Wake County, North Carolina	78.8%
Dane County, Wisconsin	78.5%
Collin County, Texas	78.4%
Utah County, Utah	78.3%
Placer County, California	77.8%
Montgomery County, Maryland	77.6%
King County, Washington	77.2%

Educational Attainment

Age 25+



Refer to pages 104 through 108 of the Utah County Community Assessment 2018 for more information on educational attainment.

+3.1%
Adults with some college education
 2010: 75.2%
 2016: 78.3%

5.0%
More adults with bachelor degrees
 Utah County: 26.4%
 State of Utah: 21.4%
 United States: 19.3%

1.1%
More adults with graduate degrees
 Utah County: 12.3%
 State of Utah: 11.2%
 United States: 11.9%

UTAH EDUCATIONAL ATTAINMENT

High Educational Attainment Spans All Age Groups and Both Sexes

Educational Attainment by Age by Sex

Educational Attainment by Age by Sex										
	18-24		25-34		35-44		45-64		> 64	
	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
< Grade 9	0.7%	0.1%	1.4%	0.8%	1.9%	2.0%	2.7%	1.5%	1.1%	2.8%
Grade 9 to 12, no diploma	6.9%	5.8%	4.9%	2.7%	3.6%	3.0%	5.4%	2.6%	2.2%	3.8%
HS diploma or GED	31.6%	22.4%	14.7%	12.6%	16.8%	14.7%	15.4%	18.3%	13.6%	26.5%
Some college, no degree	49.0%	53.9%	32.7%	30.7%	24.8%	27.1%	24.5%	31.9%	25.3%	31.5%
Associate's degree	8.7%	7.4%	9.8%	10.8%	7.8%	16.0%	11.0%	13.9%	7.8%	7.3%
Bachelor's degree	2.9%	9.8%	26.9%	35.4%	27.8%	29.7%	23.3%	23.2%	21.4%	19.0%
Graduate or professional degree	0.3%	0.5%	9.6%	7.0%	17.3%	7.5%	17.7%	8.5%	28.4%	9.1%

KEY FACTS

- 35.4% of women—and only 26.9% of men—ages 25 to 34 have bachelor's degrees
- Women and men age 35+ are comparable in bachelor's degree attainment
- Men fare better in graduate or professional degrees

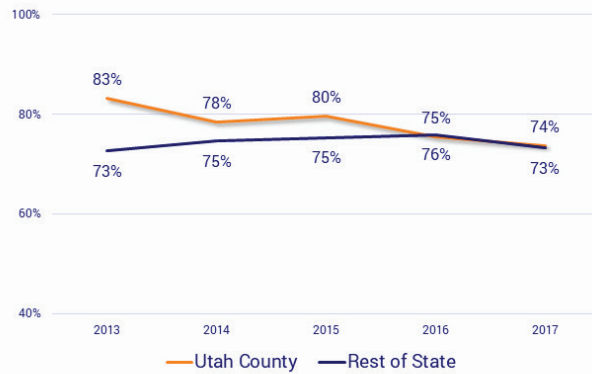
UTAH EDUCATIONAL ATTAINMENT

Grade 3 Reading Scores have Declined

Grade 3 Reading at Grade Level



Grade 3 Reading at Grade Level
Charter School students excluded



UTAH EDUCATION DEMOGRAPHICS

KEY FACTS

- 94.1% of public school students are white; 1.2% are Pacific Islander; 2.7% are multiple races
- 13% of students are Hispanic
- In 2016, 4,205 students were home-schooled
- 5,460 students are English learners
- 31,933 students are living with low incomes
- 28% of students participate in free and reduced-price lunch programs
- 13,456 students have disabilities
- 73,043 men and women are enrolled in college or graduate school

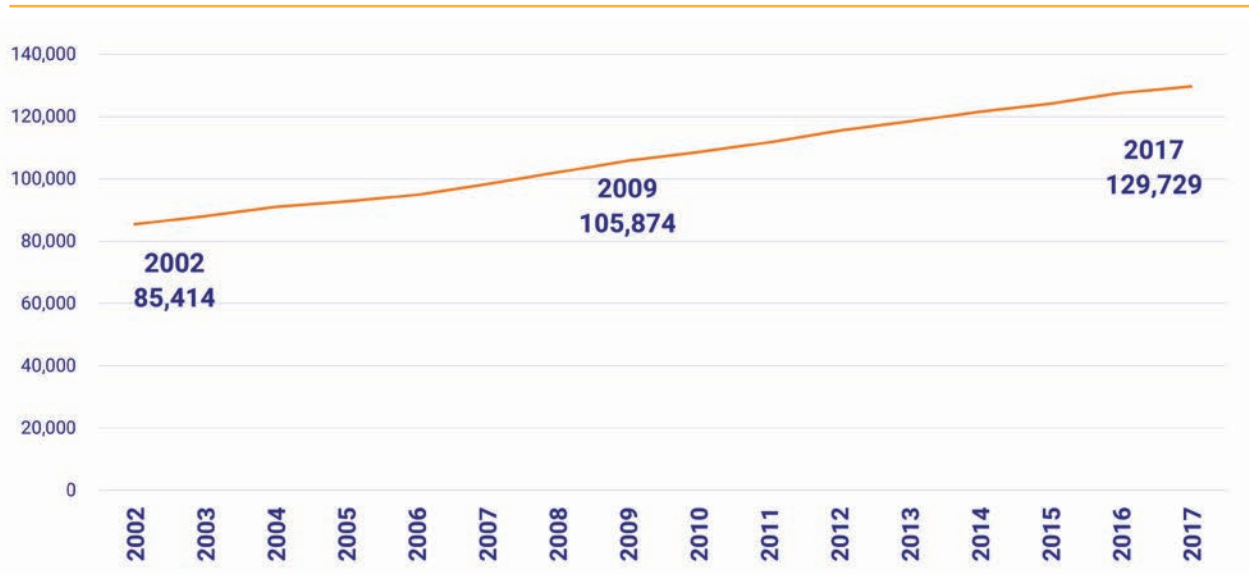
Refer to pages 104 through 108 of the Utah County Community Assessment 2018.



UTAH EDUCATIONAL ATTAINMENT

To maintain our highly educated workforce, we must continue to help children be ready for school and succeed in school.

Public School Enrollment Fall



“More parental involvement brings greater success. But we also need neighbors to help every child become a better reader.”

Keith C. Rittel,
Provo City School District Superintendent





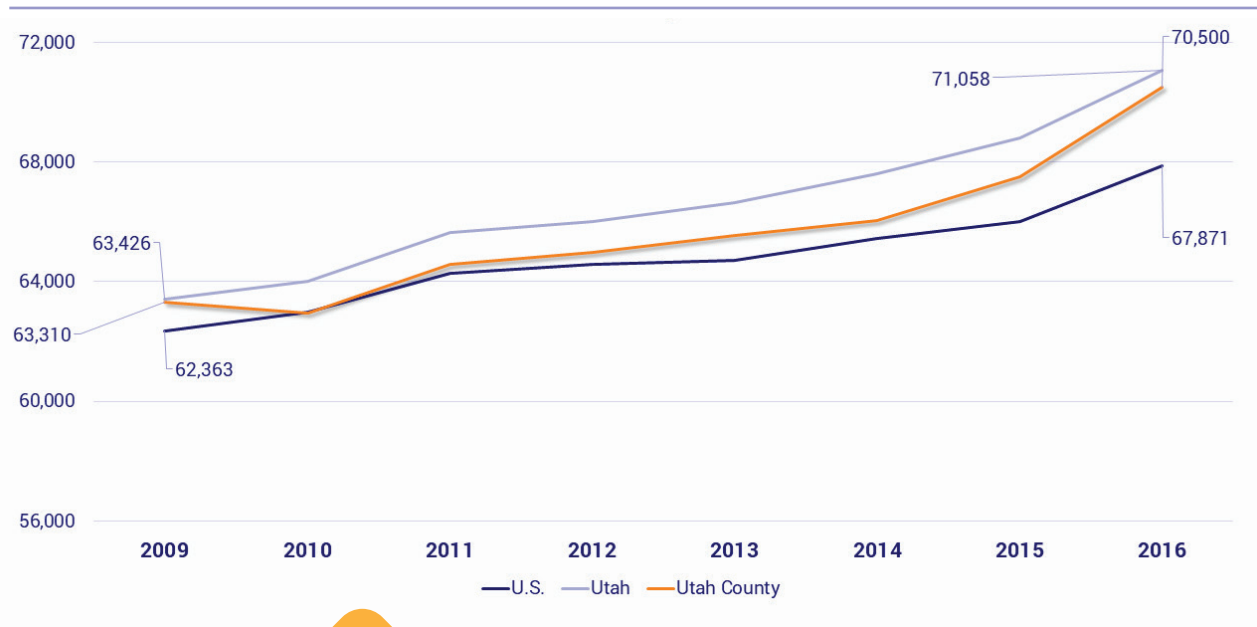
3 | INCOME

INCOME

UTAH MEDIAN INCOME

Utah County still lags behind Salt Lake County, but only slightly.

Median Family Income



+12%
Median family income up since 2010
 2010: \$62,938
 2016: \$70,500

\$72,794
Median family income for families with children

Refer to pages 137 through 147 of the Utah County Community Assessment 2018 for more information about household and family income.

UTAH FAMILY INCOME

Education, health care, high-tech, retail, and construction industries in Utah County are the major drivers of economic growth.

Family Income



“With both household and family median incomes increasing, Utah County is poised for continued economic growth.”

Jeff Sermon, Chief Executive Officer
Utah Community Credit Union

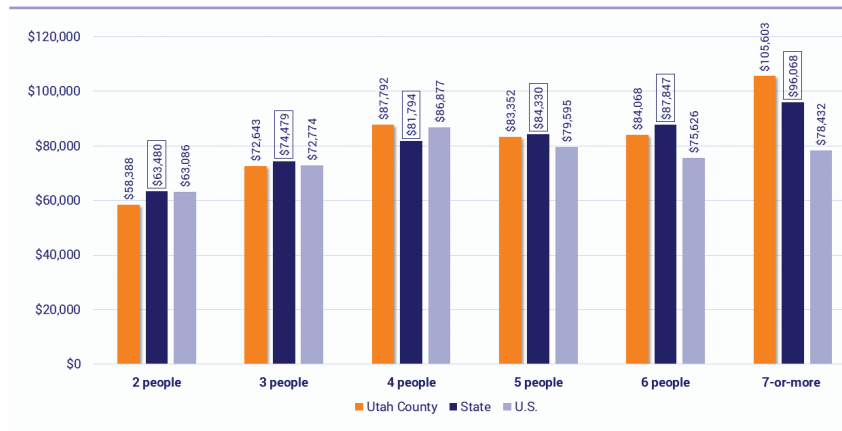


UTAH FAMILY INCOME

Utah County Families Buck Trend

Larger families = higher income

Family Income by Size of Family



KEY FACTS

- 39% of Utah County households make \$75,000 or more
- 21% of households make less than \$30,000
- 30.1% of householders headed by a Hispanic person make \$75,000 or more; this compares favorably to the state’s percentage of 27.1 and the national number of 28.5
- The average family income for Hispanic families is \$51,238— higher than the state’s \$49,196 and the nation’s \$49,539
- Utah’s family income defies national trends: as number of children increase, Utah’s family income increases

Refer to pages 137 through 147 of the Utah County Community Assessment 2018 for more information about household and family income.

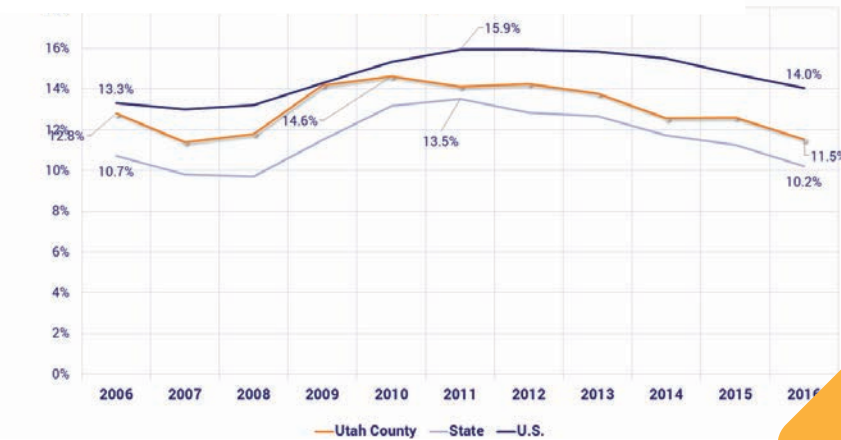


UTAH POVERTY

Poverty Rates Declining

As national, state, and local economies have improved, the poverty rate has decreased

Poverty Rates

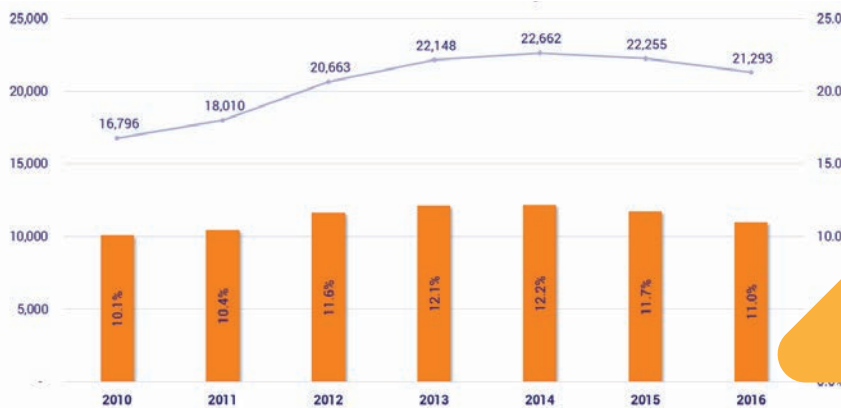


-10.5%

Poverty rate down since 2006

2006: 12.8%
2016: 11.5%

Children in Poverty



+5,459

Increase in number of children in poverty

2010: 16,796
2016: 22,255

Children in poverty increasing

2010: 10.1%
2016: 11.0%

Refer to pages 154 through 161 of the Utah County Community Assessment 2018 for more information on poverty.

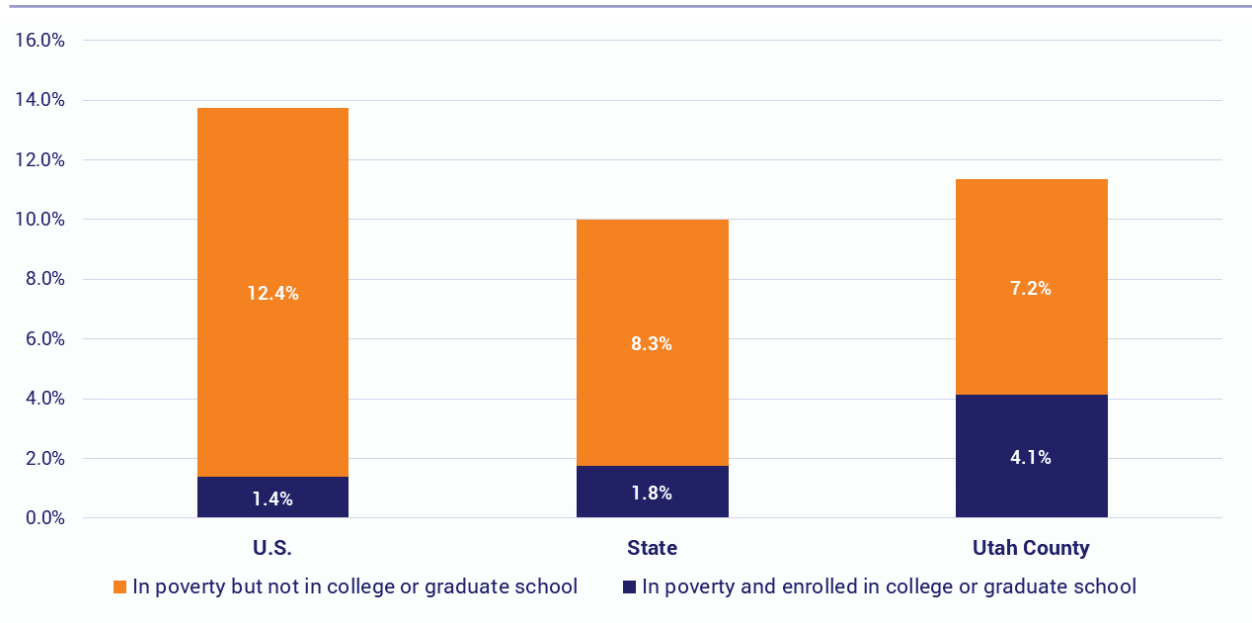
UTAH FAMILY INCOME

4 of 11 People in Poverty in Utah County are Enrolled in College or Graduate School

Utah: 2 of 10

U.S.: 1.5 of 14

Poverty and Higher Education



“In Utah County, nearly two-thirds of all families in poverty are married-couple families. These are our neighbors and our friends, and we must help them.”

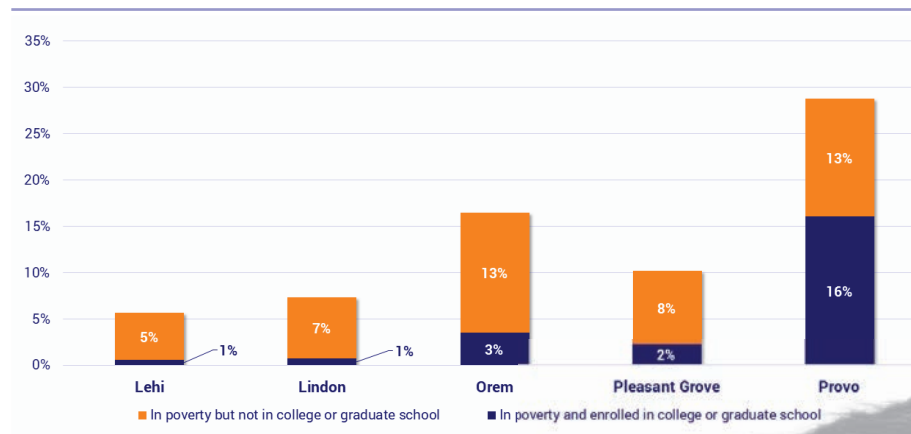
Karen McCandless, Executive Director
Community Action Services and Food Bank



UTAH POVERTY

More than Half of Provo's Impoverished are Enrolled in College or Graduate School

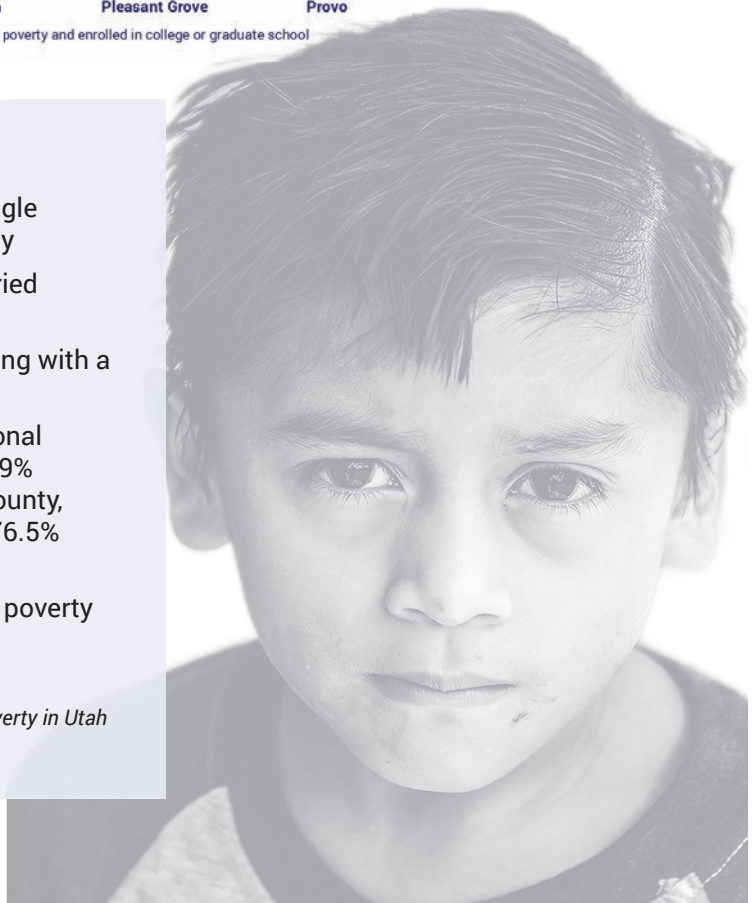
Percent of People Who are Living in Poverty and Who are also Enrolled in College or Graduate School, Selected Communities



KEY FACTS

- 42% of all children living with a single mother in Utah County are in poverty
- 9% of children living with two married parents are in poverty
- 51% of children younger than 5 living with a single mother are in poverty
- Utah County defies state and national norms: of all families in poverty, 69.9% are families with children in Utah County, compared to 77.8% statewide and 76.5% nationally
- More than half the people living in poverty in Provo are college students

Refer to pages 154 to 161 for more data on poverty in Utah County.



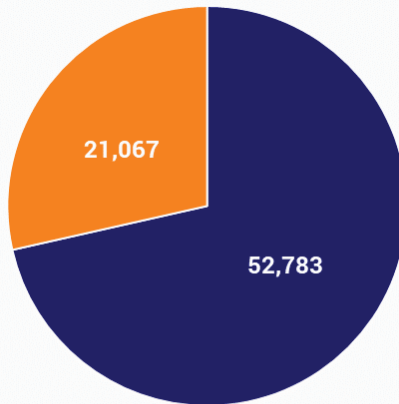
Of Provo's 38,166 College Students, 16,098 (42%) are in Poverty

College Enrollment and Poverty



Nearly 1 out of 3 College Students in Utah County are in Poverty

Utah County College Students

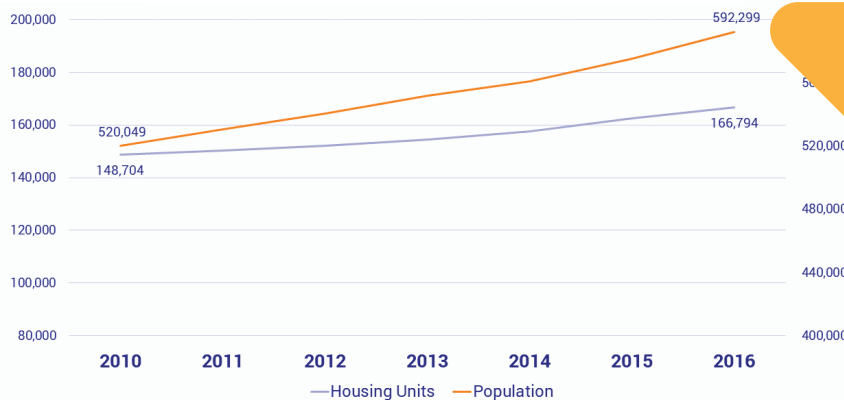


- Enrolled in college, graduate, or professional school and not in poverty
- Enrolled in college, graduate, or professional school and in poverty

UTAH HOUSING

Population Growth is Outpacing Housing Growth

Growth in Population and Housing Units



+12.2%

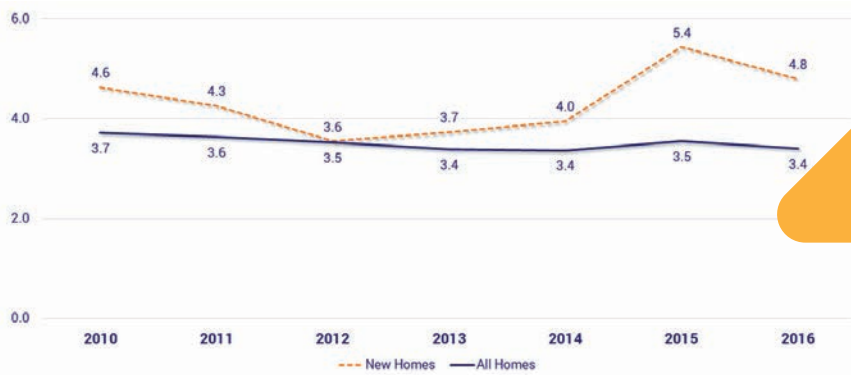
Increase in number of housing units

2010: 148,704
2016: 166,794

Median Home Values Too High for Our Median Income

Ratio of median home value to median family income was 3.4 in 2016

Ratio of Median Home Value to Median Family Income



+13.9%

Increase in population over same period

2010: 520,049
2016: 592,299

56.8%

Percentage of housing units built since 1990

37.5% have been built since 2000

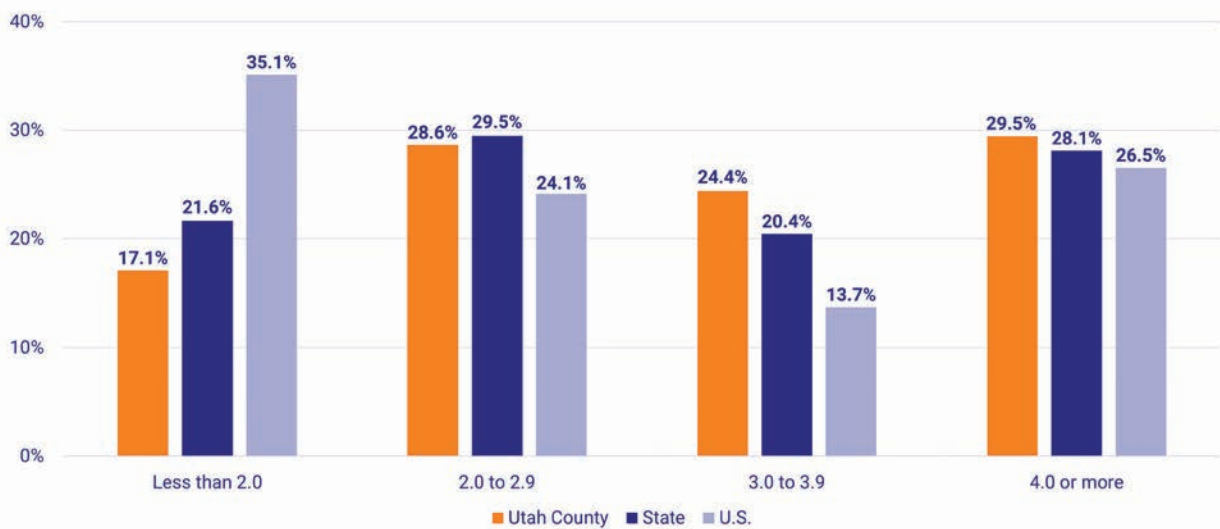
UTAH HOUSING

We are Buying Homes that We Can't Afford

Only 17.1% of homes with a mortgage in Utah County are valued at less than 2x the family's income—compared to 35.1% of homes nationally.

29.5% of homes with a mortgage in Utah County are valued at 4x or more than the family's income—compared to 26.5% nation.

Value of Home to Ratio of Household Income
Owner-occupied homes with a mortgage



“It’s no secret that rental costs and the lack of affordable units are forcing more people into substandard housing and homelessness. We must continue to work together to find ways to locally fund more affordable units and solve the rental issues that are unique to a community with two large, vibrant universities.”

Robert Vernon, Executive Director
Provo City Housing Authority

UTAH HOUSING

Utah County’s Rental Rates Continue to Rise

In addition to rising rates, student housing rents “slots,” not apartments—therefore, the rent rates are skewed low.

Rental Rates Continue to Rise

Fair Market Rents, Salt Lake County vs. Utah County (All Housing)

	0 Bedroom		1 Bedroom		2 Bedroom		3 Bedroom		4 Bedroom	
	Salt Lake	Utah	Salt Lake	Utah	Salt Lake	Utah	Salt Lake	Utah	Salt Lake	Utah
2014	\$589	\$477	\$707	\$610	\$876	\$729	\$1,249	\$1,054	\$1,471	\$1,291
2015	\$606	\$500	\$727	\$639	\$901	\$763	\$1,285	\$1,103	\$1,513	\$1,351
2016	\$603	\$555	\$757	\$668	\$938	\$788	\$1,351	\$1,148	\$1,575	\$1,376
2017	\$642	\$605	\$795	\$697	\$990	\$818	\$1,425	\$1,191	\$1,633	\$1,441
2018	\$667	\$625	\$834	\$720	\$1,035	\$836	\$1,475	\$1,216	\$1,690	\$1,472

“Utah County needs affordable housing options for all households through every life cycle; from young professionals, families, empty-nesters and seniors. Without safe and affordable housing opportunities, these folks will continue to struggle living in our community.”

Lynell Smith, Executive Director, Utah County Housing Authority

KEY FACTS

- 22.3% of mortgage holders are younger than 34, compared to 12.6% nationally
- The median value of owner-occupied homes in Utah County is \$278,000, compared to \$250,300 statewide and \$205,000 nationally

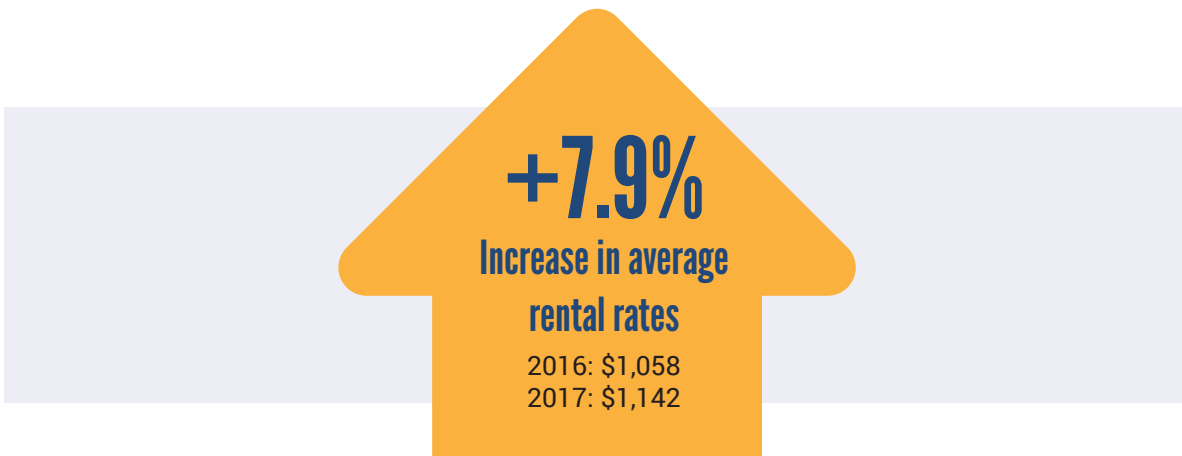
Refer to pages 162 to 171 for more data on housing in Utah County.

UTAH HOUSING

Non-Student, Non-Subsidized Rental Rates Increased

Rental Rates of Non-Student, Non-Subsidized Housing
Utah County

	Rent	Square Feet	Rent per Square Foot	Vacancy Rate
One bedroom	\$979	783	\$1.25	3.5%
Two bed, one bath	\$991	927	\$1.07	3.2%
Two bed, two bath	\$1,198	1,072	\$1.12	4.4%
Three bed, two bath	\$1,409	1,301	\$1.08	6.4%
Overall	\$1,142	978	\$1.17	4.2%





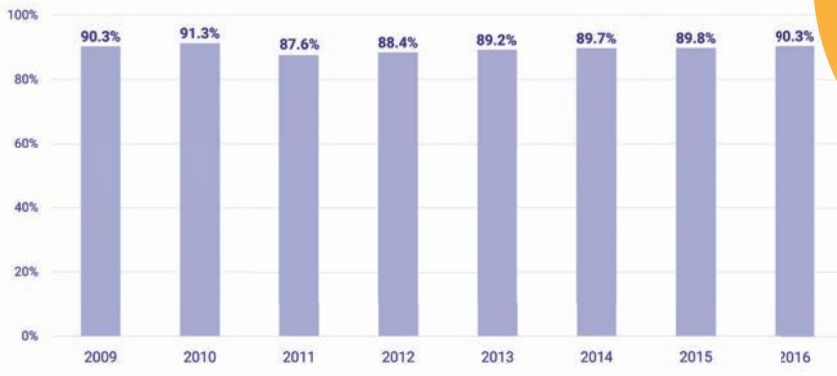
4 | HEALTH

HEALTH

UTAH HEALTH STATUS

Utah County is Generally Healthy

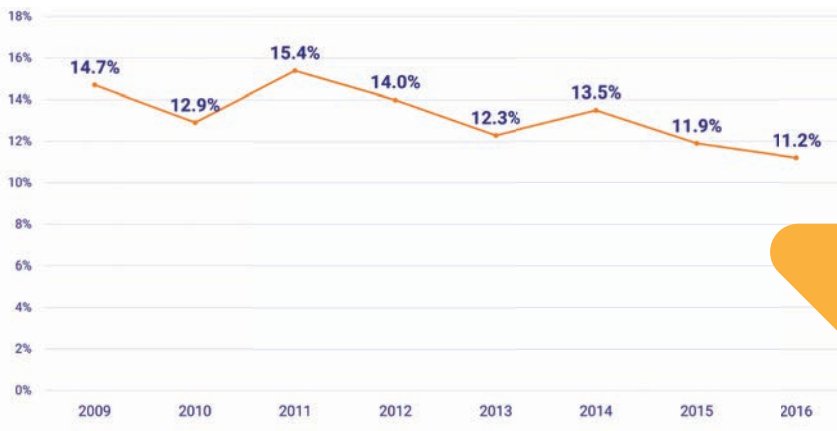
Self-Reported General Health Status:
Excellent, Very Good, or Good



#3
Healthiest county in state
#1: Wasatch
#2: Cache

+5.6%
Increase in physical activity or exercise
2010: 16,796
2016: 22,255

Physical health was not good for 7 or more days out of past 30 days



-3.5%
Decrease in "not good" physical health for 7 days+
2010: 14.7%
2016: 11.2%

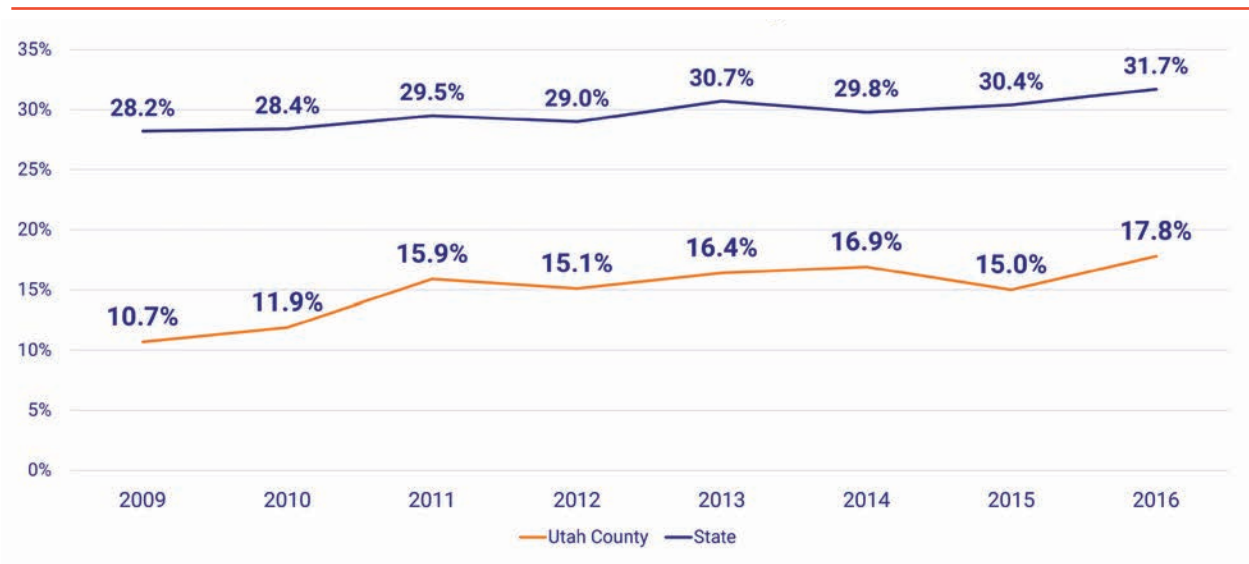
Refer to pages 173 through 215 of the Utah County Community Assessment 2018 for more information on health.

UTAH HEALTH STATUS

Healthy behaviors are part of our culture. But increased alcohol use may indicate reliance on substances to deal with life's stresses.

Current Alcohol Use

Consumed at least one drink in past month



“Good physical and emotional health are the foundations for all other aspects of our lives. By improving our health, we will be more successful at home and at work.”

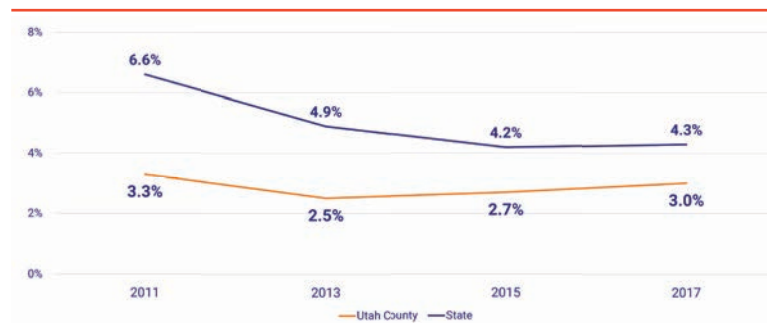
Ralph L. Clegg, EHS, MPA, Executive Director,
Utah County Health Department





Binge Drinking Among Youth

Students in grades 6, 8, 10, and 12 who consumed 5 or more alcoholic drinks in a row in past 2 weeks



KEY FACTS

- 55.9% of Utah County residents are overweight or obese
- 88.2% have participated in physical activity or exercise in the past 30 days—the highest rate since 2009
- 4.8% of residents are current smokers
- 32.8% of smokers have attempted to quit smoking in the past 12 months
- 14.3% of adults have tried e- cigarettes; 3.6% are current users
- 3.6% of adults are chronic alcohol users
- 7.6% have engaged in binge drinking in the past 30 days

Refer to pages 173 to 215 for more data on health in Utah County.

UTAH VIOLENCE, NEGLECT, ABUSE

Despite our culture of strong families, some spouses, children, and elderly experience abuse or neglect.

Counties with Lowest Child Abuse Rate Per 1,000 population



#7
Lowest rate of child abuse in Utah

-301
Decrease in # substantiated child abuse cases
2007: 1,855
2014: 1,554

Substantiated Cases of Child Abuse Utah County



-31.0%
Decrease in child abuse rate since 2007
2007: 11.0
2014: 8.4

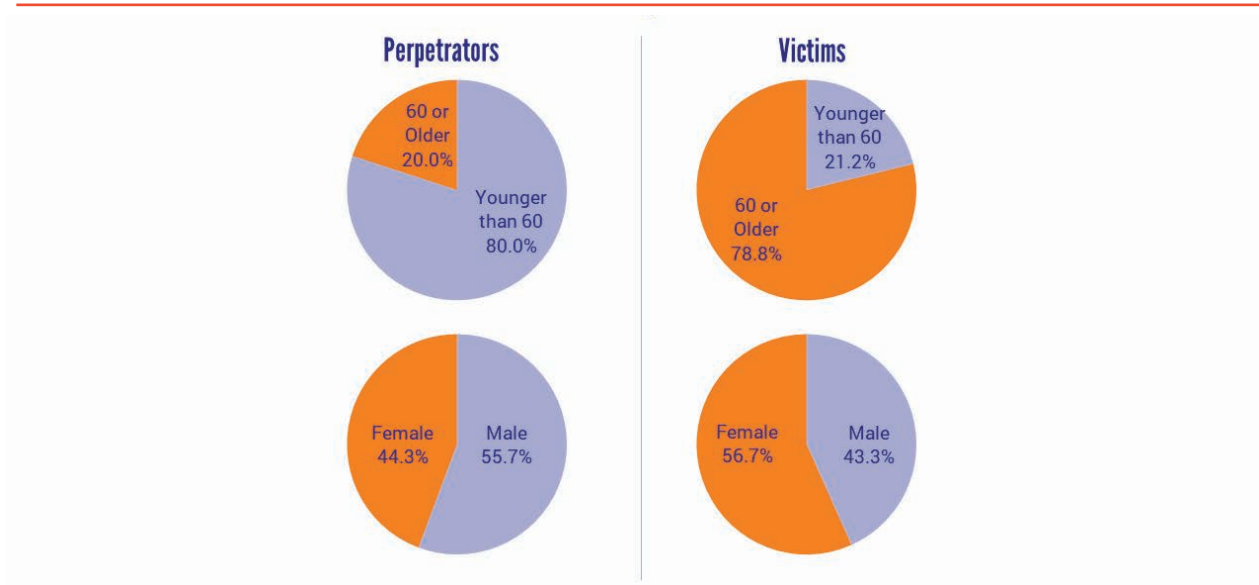
Refer to pages 191 through 201 of the Utah County Assessment 2018 for more information on domestic abuse and violence.

UTAH VIOLENCE, NEGLECT, ABUSE

Family, neighbors, and friends must know the signs of abuse and neglect and then speak up when others are in danger.

Elder Abuse Victim and Perpetrator

Statewide statistics (County numbers not available)



“Anyone of any race, gender, age, sexual orientation, social status, or religion can be a victim of domestic violence. We must create a state where domestic and sexual violence are intolerable.”

Dennis Hansen, Executive Director
Center for Women and Children in Crisis

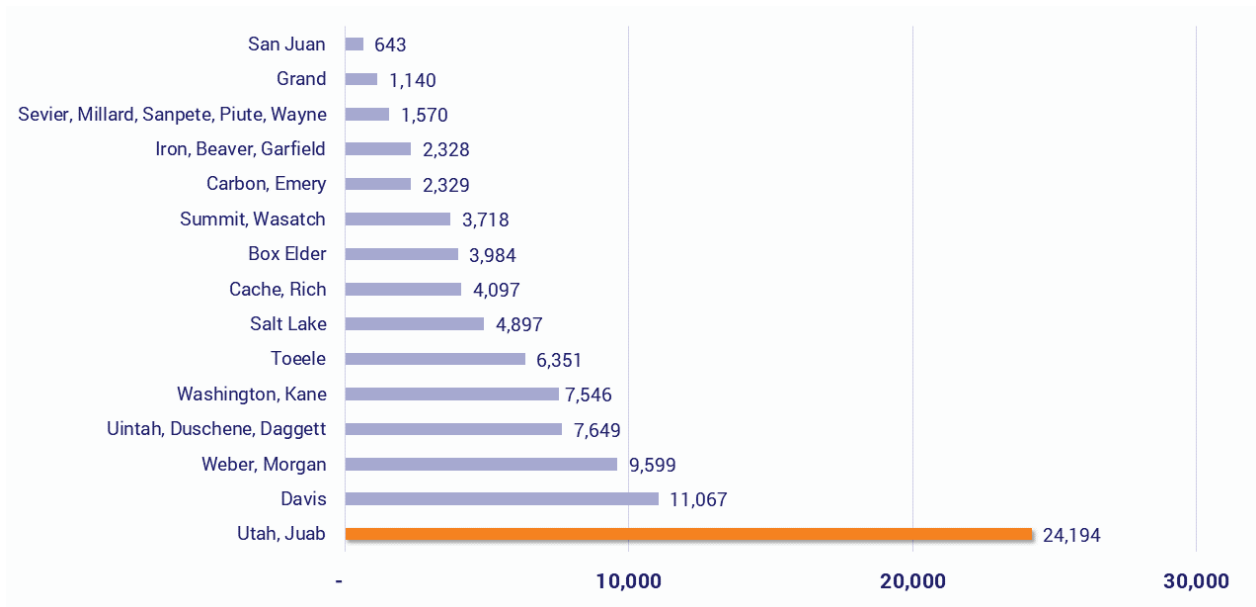


Refer to pages 191 through 201 of the Utah County Assessment 2018 for more information on domestic abuse and violence.

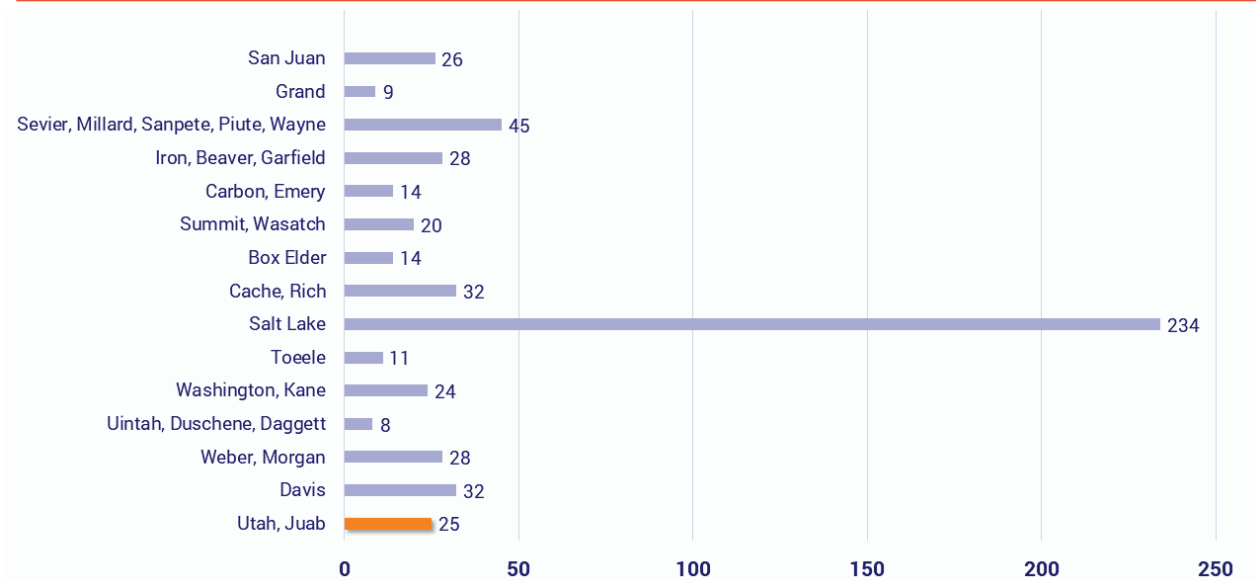
UTAH VIOLENCE, NEGLECT, ABUSE

Utah County has Only 1 Domestic Violence Shelter Bed for Every 24,194 Residents

1 Domestic Violence Shelter Bed for Every ...

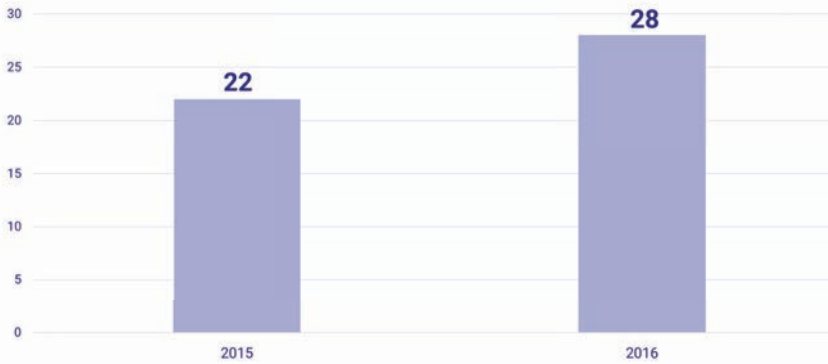


With only 25 beds, Utah County is Not Equipped to Support Victims of Domestic Violence



UTAH VIOLENCE, NEGLECT, ABUSE

Domestic Violence Related Deaths Statewide



KEY FACTS

- In 2014, there were 856 district court cases of protective orders or stalking injunctions in Utah County
- Statewide, there were 3,945 cases of violence against boyfriends or girlfriends tried in Utah courts
- 2,324 cases of violence against spouses were tried
- 56% of all supported allegations of elder abuse were in the form of financial exploitation
- Nearly 57% of elder abuse victims are female
- Utah County's rate of child abuse is 8.4 cases per 1,000 population; Salt Lake County's is 12.3 and Davis County's is 6.8

Refer to pages 191 through 201 of the Utah County Assessment 2018 for more information on domestic abuse and violence.



UTAH BEHAVIORAL AND MENTAL HEALTH

While depression is increasing only slightly among adults, it is increasing significantly among youth.

Told by Doctor You Have Depression (Adults)



+7.2%
 Increase in percent adults diagnosed with depression
 2011: 22.2%
 2016: 23.8%

8,169
 Cases of anxiety or depression
 Treated at Wasatch Mental Health

“During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?”
 Utah County: Grades 6, 8, 10, 12



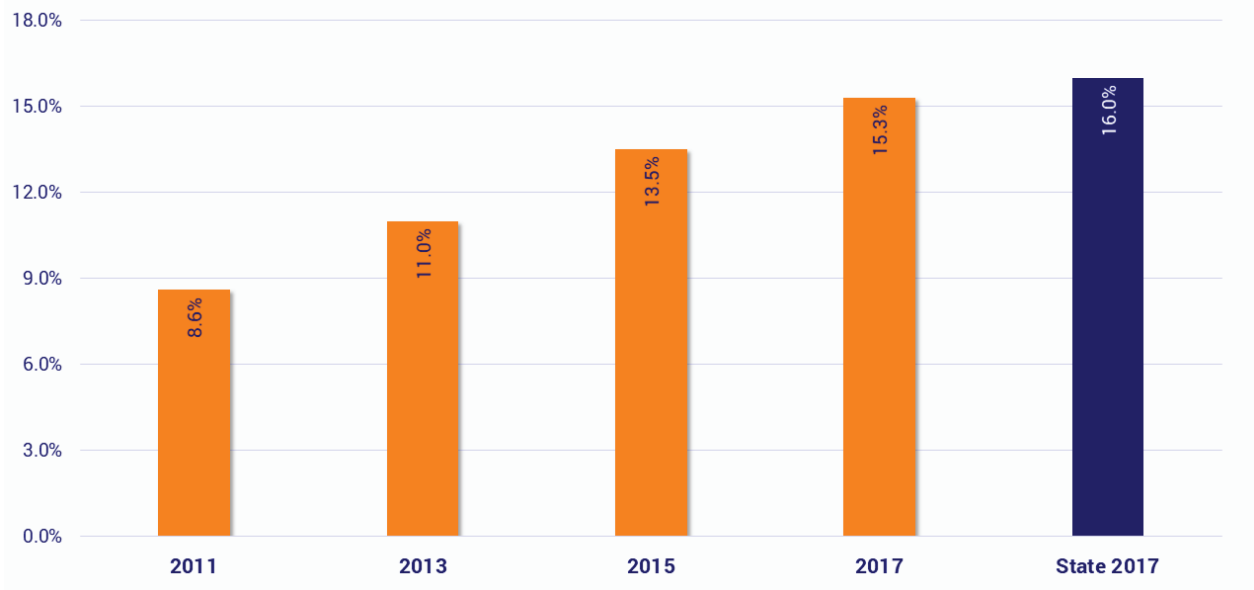
+90.8%
 Increase in youth with depression symptoms
 2011: 13.1%
 2015: 25.0%

UTAH BEHAVIORAL AND MENTAL HEALTH

Securing the emotional well-being of our children and youth is just as critical as ensuring school success and physical safety.

Seriously considered attempting suicide

Utah County: Grades 6, 8, 10, 12



“Parents, friends, neighbors, and extended family can improve the mental and emotional health of children and youth, whether professional counseling and medication is part of the solution or not.”

Juergen Korbanka, Ph.D.
Executive Director Wasatch Mental Health

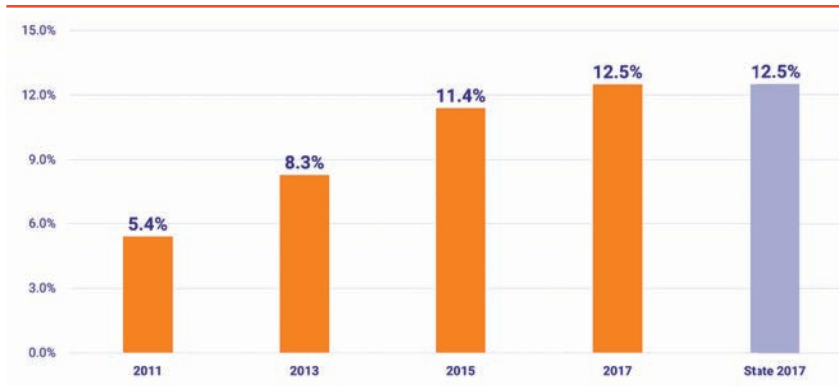


Refer to pages 204 to 212 for more data on mental health in Utah County.



Made a plan about how to attempt suicide

Utah County: Grades 6, 8, 10, 12



KEY FACTS

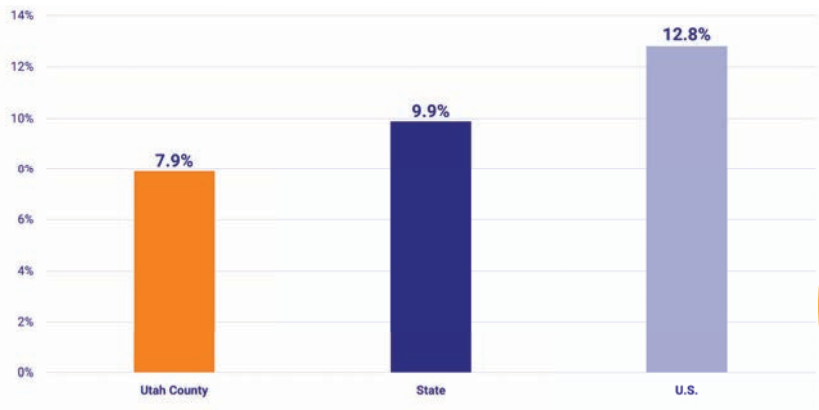
- Utah's suicide rate is 6th worse in the nation, at 21 suicides per 100,000 population. Alaska, New Mexico, Wyoming, Montana, and Idaho have worse rates.
- In 2015, there were 93 deaths due to self-inflicted injury in Utah County
- 17.8 percent of adults in Utah County say they had 7 or more days of poor mental health in the past 30 days
- Mental health as a community issue was ranked 4.5 on a scale of 5 among Utah County adults, compared to 3.9 in 2014

Refer to pages 204 to 212 for more data on mental health in Utah County.

UTAH DISABILITIES

As one ages, disabilities become more prevalent; a young population means fewer incidence of disabilities.

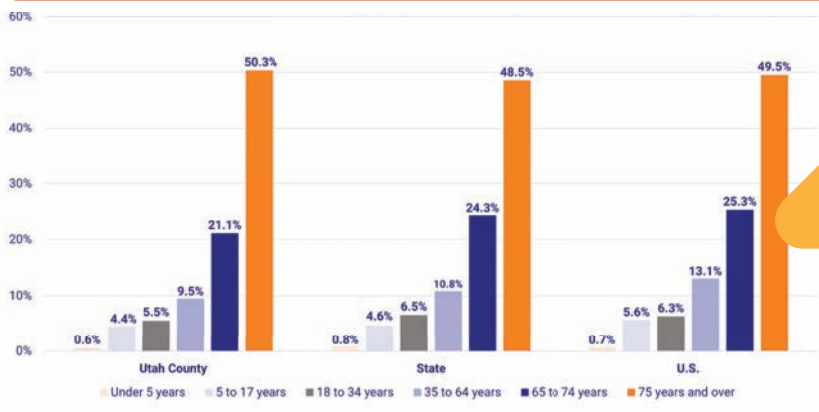
Persons with a Disability



4.9%
Lower rate of persons with a disability
County: 7.9%
U.S.: 12.8%

1.3%
Lower rate of children with a disability
County: 5%
U.S.: 6.3%

Disability by Age

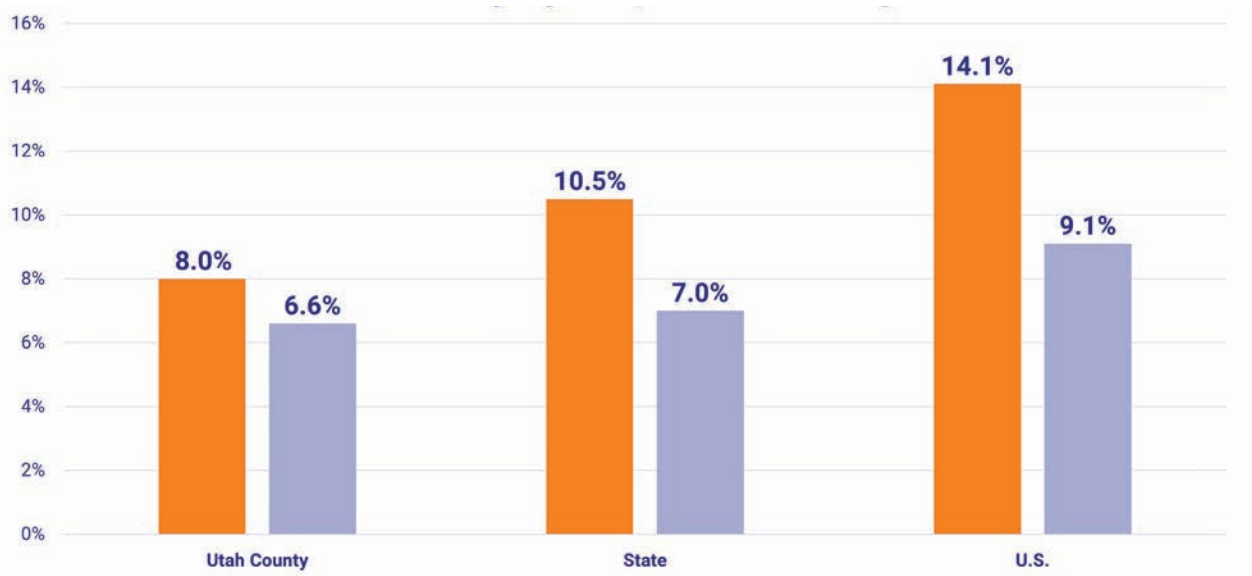


3.4%
Lower rate of adults with a disability
County: 71.4%
U.S.: 74.8%

UTAH DISABILITIES

Diagnosing and treating persons with disabilities requires engaged parents, skilled professionals, and dedicated volunteers.

Disability by Hispanic Ethnicity



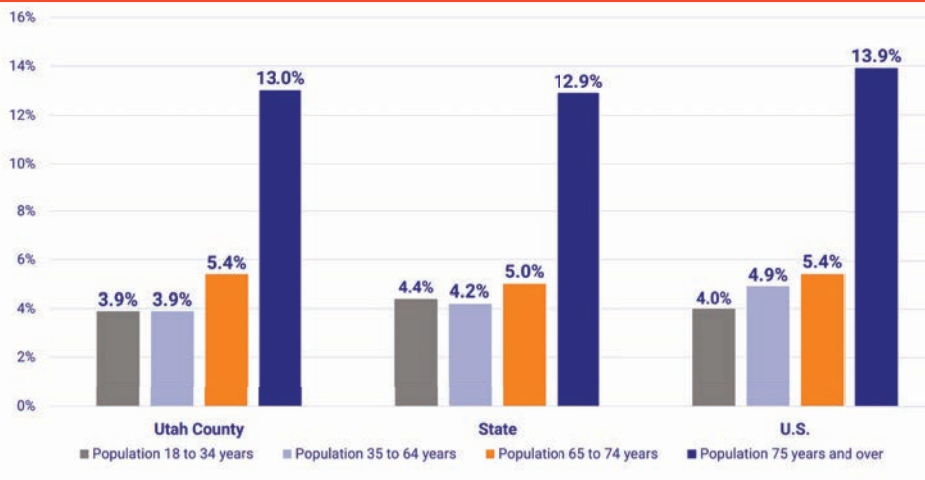
“Children with disabilities are among the most vulnerable of all. By working together as a community, we can help those with autism and other conditions lead more productive lives.”

Scott M. Bean, Chief Executive Officer
Kids on the Move





Cognitive Disability by Age



KEY FACTS

- About 1 in every 60 eight-year-olds in Utah have Autism Spectrum Disorder
- The most prevalent disability among all Utah County residents is cognitive difficulty, with 4.1% of the population experiencing this
- 50.3% of those age 75 or older are living with a disability
- About 0.6% of children under age 5 have a disability
- 7.7% of males and 8.1% of females have disabilities in Utah County

Refer to pages 212 to 215 for more data on disabilities in Utah County.

We express gratitude to the following organizations that assisted with funding of this project.

Without their willingness to help with financial resources, we would not have been able to complete this assessment.

