kids on the move



empowering families, one kid at a time

Empowering Families, One Kid at a Time

This is our tagline at Kids On The Move (KOTM). It accurately communicates our mission to the community we serve, and it's a positive call to action for every individual who works at Kids On The Move. You see it reflected in the quality of services we provide to literally thousands of families over the past 27 years.

With more than 170 employees now, we are experiencing challenges we've never faced before. Challenges, however, are merely opportunities in disguise. Our explosive growth is a reflection of the expanding needs in our community for a variety of services. The needs have different names – developmental delays, Down Syndrome, poverty, autism, child care, respite, counseling, and many more – but they all have one thing in common: they impact families and children who need an extra measure of solid support and empowerment in their lives. These are real families with pressing needs – they are our neighbors, relatives, and friends. Kids On The Move is better prepared than ever before to provide the support, the education, the hands-on training, and other vital services that strengthen and empower families to move ahead confidently with their difficult responsibilities.

As we look to the future, and try to understand the disabilities landscape as it will look ten or twenty years from now, Kids On The Move is making significant investments in human capital – our outstanding team – in preparation for the next wave of challenges on the horizon. We will continue to build upon our foundational core values of Hope, Caring, Integrity, Expertise, and Empowerment. Come visit us, and take a tour of our facilities. We invite any and all to join us in whatever capacity to make a difference in the lives of our most precious asset: families, and their extraordinary children with special needs.

All the best in 2014 and beyond!

HOPE **CARING** INTEGRITY **EXPERTISE EMPOWERMENT**

Scott M. Bean, Chief Executive Officer

In 2013 Kids On The Move provided innovative, high quality, direct services to over 2,049 children challenged by developmental delays, poverty and autism.

Kids On The Move exists to support the development of young children and families in our community. Our major service programs include: Early Head Start, Early Intervention, and Autism Bridges. In addition, Kids On The Move contributes time and resources to create and sustain community wide networks of support.



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To support families and help them cope with challenges, Kids On The Move held more than 140 parent seminars and support activities this year.

Seminar topics included child development, behavior management, depression recovery, strengthening marriage, how to facilitate child development through play, and more! Kids On The Move is unique among many programs for its attention to the needs of the entire family. We devote time and resources to the siblings of children with special needs. For parents accessing Early Intervention services at our center, siblings can get special attention and have tons of fun in our child care center. Older siblings (ages 7-13 years of age) can come monthly to the SibShops support group, where they participate in great activities and talk with other kids their age who also have a sibling with special challenges.

Through a grant from Utah State University, we also have a free class for step families. This year there have been over 55 families that have attended classes. These parents all talk about how the applied principles from the Stepfamilies class are changing their lives. In just six weeks, we already begin to see a positive change in these families.

The Noorda Family Resource Library at our Orem center has an in-depth collection of books and media on parenting, child development, childhood disability, and parent advocacy. Our toy library helps enrolled parents access high quality, developmentally beneficial toys. More than 2293 items were checked out of our library last year.



This year community volunteers donated over 5,000 hours of free labor and 50 Eagle Scouts completed projects for us.

Some of the volunteer projects included:

- Providing free child care for parent seminars
- Maintenance on our grounds
- · Cleaning our building
- Helping with office work
- Painting walls
- Laying tile
- Making toys
- Installing fencing



Local businesses had a lot of fun and raised money for kids through the annual Kids On The Move Corporate Sports Challenge. They also provided discounts on services and donated materials, which helped us avoid expenses we would typically need to run our organization.

Kids On The Move has received support from all sectors of the Utah County community, including governments, businesses, foundations, and individuals both young and old. While maintaining our focus on our primary mission, in 2013 we also gave back to the community as follows:

- Fridays Kids Respite Care provides weekly respite care at KOTM Orem and Lehi buildings
- Canary Garden meets every Monday evening at KOTM to provide child grief support services.
- KOTM licensed therapists provide clinical practicum experiences for multiple students from local universities.
- KOTM is a provider of free Step Families Training through a grant from Utah State University.
- School aged children receive professional tutoring from the Dyslexia Center of Utah in our buildings.
- Hosted free tax preparation series (VITA) at Orem and Lehi locations.

This year is has been a year of stabilization for Early Head Start.

Our Early Head Start program is designed to enhance children's physical, social, emotional and intellectual development by supporting parents in their critical roles. The program aims to help children develop a life long love of learning. Kids The Move Early Head Start Program helps children in the Utah County area that need these essential services.

This past year has been a year of stabilization for Early Head Start. All of our classrooms were combined on our Orem campus and this has brought about a great deal of collaboration and learning. We have a strong waiting list, with demand for services increasing each month. We also have a strong and diverse staff that is over half bi-lingual or multi-lingual, with 50% in both Spanish and English. Our average enrollment is 165.5 which is 101%. We also have a great community that supports Kids On The Move, in 2012-13 we had over \$520,469 of goods and services donated.



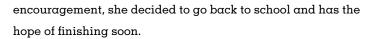
Brandon and Elizabeth's Story

Patricia knows how to pitch a baseball. And she can shoot a basketball, too. With children that play sports, these are just a few of the skills you pick up when you're a single mom. But perhaps her proudest achievement is just being a good parent to her kids, three-year old Brandon, and one-year old Elizabeth.

When Patricia was looking for parenting information, she went online and found the help she needed on the Kids On The Move website. The Early Head Start program seemed perfect for her—a chance to really learn the basics.

"As a teen mom, I didn't feel comfortable on my own," says Patricia. "Kids On The Move took me in. And I knew it was a good choice because my son, Brandon, who's three now, really bonded with the other children."

With two kids in the program, the family received in-home services every week and was able to go the Kids On The Move center a couple times a month. They worked with a family educator who offered advice and helped Patricia set goals. In fact, with





"It's great to know that someone is there to help. And everyone at Kids On The Move was very willing," Patricia recalls.

"Because of the support from the program, I know my kids and I can have a better future."

The earlier we start, the further they'll go!

For many children, Early Intervention is more cost effective than—and reduces the need for—later interventions. For children with diagnosed conditions or serious disabilities, Early Intervention provides critical support and empowers families to care for these children throughout their lives.

Kids On The Move's Early Intervention Program provides support and services to families with infants and toddlers (0-3) who have developmental delays, disabilities or diagnosed conditions. The program is funded through the Utah Department of Health Baby Watch Early Intervention Program and serves children in the Alpine School District Boundaries.

In FY13 we received 1038 referrals for services and 625 of those children were eligible. For children receiving at least six months of services, 76% acquired skills consistent with their typical peers, reducing the need for additional services in the future. Of the 524 children exiting the

program in FY13, 17% exited prior to age three because they demonstrated age-appropriate functioning.

"What a blessing it is to have a therapist who comes to our home, who understands our dynamics, and who helps us!

We are so blessed to live in an area where these services are a part of our community."

~Sarah Richards Samuelson



Thank you for the opportunity to share the experience my family has had with Kids On The Move.

"I have heard my daughter on several occasions mention how wonderful the people from Kids On The Move have been. From the nurses to the therapist to the social worker to the coordinator, they have all done a superb job. My son-in-law perhaps summed it up best when he said, "Everything they have done has made our lives easier, unlike some of the other entities we have worked with."

They talked about how overwhelmed they were when the baby first came home. Ellie has a chromosomal disorder that has required she have a tracheotomy. Her parents didn't know if or how they could deal with everything. The people from Kids On The Move were the first ones there and were fantastic at helping them develop confidence in what they could do.

I am very appreciative of such a great organization that can be a resource to those who are looking for help at a time of crisis and anxiety in their lives. Watching my daughter and granddaughter go through this has been eye-opening and has given me a greater sense of appreciation for Kids On The Move. Ellie, my daughter and I thank you for all you do to help those in need."

God bless you! -Val Hale





This year has been an explosive year of growth for Bridges.

Kids On The Move Bridges program have been able to serve more children using best practices and evidence based techniques this year than ever before in our history. In addition, we are now able to serve children in rural areas. The program currently serves families living in Cache, Salt Lake, Wasatch, Utah and Sevier Counties. Kids On The Move Bridges program is so grateful for the funding made available through the Utah Legislative Autism Pilot program. This allows us to support children with autism by providing services through the Medicaid Autism Waiver and the Autism Treatment Account (ATA) Grants. Each month we serve over 80 children utilizing ABA therapy.

Preliminary results of treatment show significant improvements in communication, daily living skills, socialization, motor skills and adaptive behavior. In addition, negative behaviors are significantly decreasing. This coming year should be another great year for Bridges.

Luke is my very active, affectionate, and happy three year old little boy.

"Just like any other 3 year old he has his struggles, but like other children on the spectrum, it is harder for him to get over the hurdles. We first became aware of Luke's delay in development when we found ourselves constantly apologizing for Luke's behavior. It got to the point that we felt we couldn't even go around close extended family for fear we would have to make excuses for why Luke wasn't connecting with people. We felt like the only solution for Luke's social and behavioral issues at that time was to isolate ourselves.

At Luke's 2 year check up, we mentioned our concerns to his pediatrician, whom we adore. Without any hesitation his doctor recommended us to Kids On the Move. We quickly got him signed up and went to all the classes that were available and received some tools that were very useful in helping Luke make progress. As we approached Luke's third birthday, we were somewhat stressed about what was next for him, because he would soon be too old for KOTM.



There is a lot of information out there, and we felt extremely overwhelmed and somewhat depressed about our possible options at that point. We also felt like lots of people were quick to tell us all of Luke's weaknesses, but not give us any solutions to help him. During our meeting with Laurie and the Bridges team all of that changed. I remember getting chills and becoming quite emotional as she told us she felt like Bridges could help Luke and showed us how they would do it.

What my family has experienced in the last 6 plus months has been miraculous. The best thing about Bridges and KOTM is that they see the potential in our Luke. He loves being there and I love it too (I'm actually a tad bit obsessed). They are positive and patient and celebrate every milestone with us. They are on our "team" for making our little boy the best boy he can be, and that is truly all we want for him to be the absolute best he can be."



In Child Care we encourage discovery, creativity and exploration.

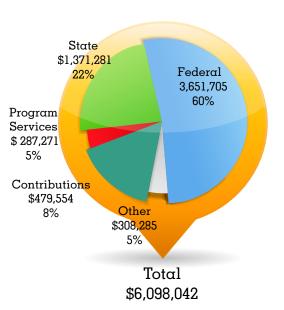
We truly see children learning through play and developing at their own pace. The Kids on the Move Child Care Center is a fully-licensed program committed to providing high quality care for children.

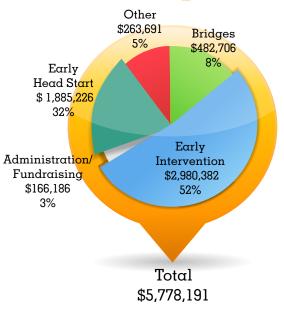
Our program encourages the development of the total child, including fine and gross motor development, language, cognitive and social emotional development.

Our Child Care Center is growing and thriving, we have seen a 31% increase in enrollment in the past twelve months.

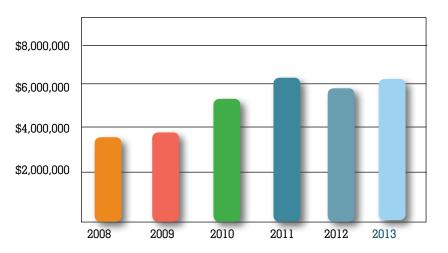
2013 Expenses Other \$263,691 Bridges



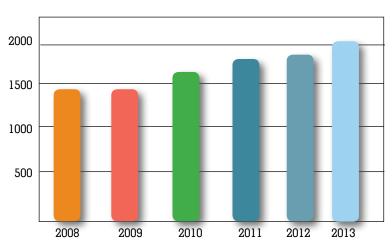




Revenue Trends



Enrollment Trends



Finances are audited annually and the reports are available online at KOTM.ORG. Our audit found no findings for the 2013 FY.

2013 donors

Legacy Level Donors

Keith & Melisa Nellesen Family Foundation The Ray & Tye Noorda Foundation

Platinum Level Donors \$5,000+

Adobe

United Way of Utah County donors
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Carraba's Italian Grill

Fox Hollow Golf Course

Carpets America

Blendtec

United Way of Utah County

Provo Beach Resort

The Ink Spot

Integratechs

Alpine North LDS Stake

Amy Hatten

Kristy Kelsey



\$500+

Great things happen at Kids On The Move because of the generous support of the community



Lifetime Legacy Recognition

Ray and Tye Noorda Foundation City of Orem Intermountain Healthcare Nellesen Family Foundation

Lifetime Platinum Recognition

Ashton Family Foundation Carter Construction George S. & Dolores Dore Eccles Foundation Humana of Utah Mountainland Association of Governments Sorenson Legacy Foundation United Way of Utah County Donors Utah Valley Home Builders Association

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