All things blue: racing for autism awareness

In honor of Autism Awareness month, Ruby Haddock, VP of Development for Kids On The Move and Shauna Young, Events Coordinator for Heber Half Run For Autism joined us to share how you can show your support!

The Heber Half Run is the first half marathon in Utah to solely address the cause of autism. It also includes a 5k and ½ mile all abilities run. There will be many fun activities at the finish line such as blue foam, bounce houses, and food trucks. The race will be held on June 29 in the gorgeous Heber Valley mountains. Organizers are expecting around 2,500 runners this year and need over 300 volunteers.

The race will benefit children in the Kids on the Move Autism Center (KOTM) program. KOTM provides services for children with development delays, autism, disabilities and families in need.

To register or volunteer visit heberhalf.com. Find more information about Kids on the Move at kotm.org.