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New Heber Half race supports children with autism in Utah

Heber City hosts Utah's first official race dedicated to autism.

Heber, UT — Mar 1, 2018 — Kids On The Move (KOTM) and Runtastic Events have partnered to launch The Heber Half Run For Autism held on June 30, 2018.

The race consists of a half marathon, 5k and kids' run. It will start at 6:00 AM in Heber Canyon and finish at Old Mill Elementary School in Heber City.

Proceeds from the race will serve children ages 18-months and older in the KOTM Autism Center. The KOTM Autism Center provides Applied Behavior Analysis (ABA) therapy to help children with autism have a higher chance of leading a normal functioning life.

In addition to raising awareness and funding for children with autism, runners will enjoy a wide variety of finish line perks including food, family activities, and music.

Autism is extremely prevalent in Utah where one in every 58 children is affected by this disorder. The CDC states that Utah has the second highest rate of autism nationwide.

The Heber Half's mission is to bring community members together to support a cause that is extremely widespread and close to the hearts of many Utahans.

To register visit www.heberhalf.com, to volunteer visit www.kotm.org/volunteer-portal.

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Kids On The Move, Inc.

Kids On The Move, Inc. (KOTM) is a nonprofit organization located in Orem, UT. KOTM supports the development of young children and families by "empowering families, one kid at a time." KOTM is the local, proven expert in child development and family resources with four main programs: Early Intervention, Early Head Start, the Autism Center and Respite Care. For more information about Kids On The Move, please visit www.kotm.org, or call 801.221.9930.